

# Our Lady of Perpetual Help Church

210 South Wellwood Avenue + Lindenhurst, New York 11757 +  
Telephone: 631-226-7725 + Fax: 631-225-9597 + [www.olphlindenhurst.org](http://www.olphlindenhurst.org)



## PASTORAL STAFF

**Pastor:** Rev. Msgr. Joseph DeGrocco

**Parochial Vicars:** Rev. Ethel Anarado + Rev. John Sureau

**Pastor Emeritus:** Rev. Msgr. Daniel S. Hamilton

**Deacons:** Deacon Frank A. Odin + Deacon William Crosby + Deacon Douglas G. Smith

**Facilities Manager:** Deacon Donald A. Stamm    **Business Manager:** Deacon Thomas J. Bast

**Coordinator of Faith Formation:** April Carbaugh    **Music Director:** Christopher Ferraro

## COME IN AND PRAY...

Our church is open **6:00 a.m. to 6:30 p.m.** seven days a week, except for Thursdays when it closes after the 12:15 p.m. Mass for cleaning. Come in and spend some time in prayer.

## MASS SCHEDULE

**Monday – Friday**

6:30 a.m. and 12:15 p.m.

**Saturday Morning:** 8:00 a.m.

**Saturday Vigil:** 5:00 p.m.

**Sunday Masses:** 6:30 a.m., 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m. & 5:00 p.m.

## HOLY DAY MASS SCHEDULE

**Vigil:** 5:00 p.m.

**Holy Day:** 6:30 a.m., 12:15 p.m. and 7:30 p.m.

## LITURGY OF THE HOURS

We pray Evening Prayer each Saturday and Sunday after the 5 P.M. Mass.

We pray Daytime Prayer each Wednesday at 1:50 P.M.

## SACRAMENT OF RECONCILIATION

Monday – Friday following the 12:15 p.m. Mass.  
Saturday: 4:00 to 4:45 p.m.

*The Sacrament of Reconciliation is always available by making an appointment with one of our priests.*

## ADORATION OF THE BLESSED SACRAMENT

**Monday Evening:** after OLPH Novena Devotions

**Wednesday:** 12:45 to 2:00 p.m.

**First Sunday:** 7:00 to 8:00 p.m.

**First Saturday:** 8:00 p.m. to 11:00 p.m.

## PARISH OFFICE HOURS

210 S. Wellwood Avenue, Lindenhurst

**Monday- Friday:** 9:00 a.m. - 9:00 p.m.

**Saturday:** 9:00 a.m. – 3:00 p.m.

**Sunday:** 9:00 a.m. – 3:00 p.m.

# LENT 2014



## PARISH LENTEN MISSION

Monday, March 24th  
 Tuesday, March 25th  
 Wednesday, March 26th  
 7:30 P.M. + Church

This year our parish Lenten Mission will be led by Msgr. Charles Fink, Director of Spiritual Formation at St. Joseph's Seminary, Dunwoodie.

Each night of the mission will focus on our journey during Lent—one on which we are never alone, for the Lord always accompanies us. Learn more about the journey and some good tools that will carry us the rest of the way.

### STATIONS OF THE CROSS

### FRIDAYS OF LENT

**7:00 P.M.**

In the Church  
 March 7, 14, 21, 28,  
 April 4 & 11



(Note time change from what you may have seen elsewhere; 7:00 P.M. is correct)

### LENTEN SCRIPTURE STUDY AND REFLECTION

Mondays of Lent  
 Starting  
**MONDAY,**  
**March 10, 2014**  
 After the 6:30 A.M.  
 and 12:15 P.M. Masses

*Let's gather each Monday and pray with the upcoming Sunday readings.*



# FROM OUR PASTOR

Ash Wednesday, 2014



Dear Parishioners, and Dear Visitors to Our Lady of Perpetual Help Parish,

**GRACE, PEACE AND BLESSINGS TO YOU ON THIS EXTRAORDINARY DAY OF ASH WEDNESDAY, A DAY WHICH TOUCHES OUR HEARTS SO DEEPLY!**

We all know of the difficult winter weather we have had to endure this year. Polar vortexes of sub-freezing temperatures and storm after storm have made it a trying time for all. How much we all look for the warmer spring weather to arrive, an arrival which signals to us new life and new growth!

The word “Lent” means “springtime.” During the Lenten season we are asked to engage in a journey with the entire Church where we seek to enter into a transition from a kind of spiritual winter into a spiritual springtime. We seek to enter into the mystery of dying and rising with Jesus during the days of Lent: we should die to sin and whatever is holding us back from deeper love of God and love of and service to our neighbor, and we should rise to experience the new life of deeper love and union with Jesus and with others. In short, we do our Lenten disciplines so that come Easter, Christ’s life has grown in us and Christ’s light shines more brightly through us.

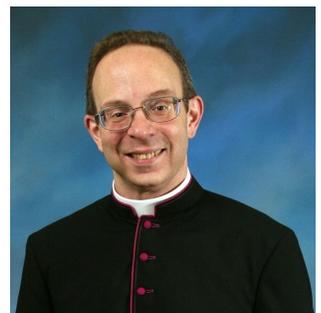
That journey begins today, Ash Wednesday. As we are branded with the ashes which come from burned palms from last year’s Palm Sunday, we are reminded of the seriousness of the journey of repentance which we undertake. The Collect (Opening Prayer) for Ash Wednesday asks that *“as we take up battle against spiritual evils, we may be armed with weapons of self-restraint.”* On Ash Wednesday we ask God that as we follow our Lenten observances, we may be worthy to come with “minds made pure” to celebrate the Paschal Mystery of his Son Jesus Christ. In other words, the Lenten journey is a journey toward Easter, at which time the Church celebrates Baptism and the renewal of Baptism, which is our new life in the Risen Christ.

All throughout Lent we hope you will join in the various activities and programs that OLPH will be offering; information about them can be found in our weekly bulletin and on our website, [www.olphlindenhurst.org](http://www.olphlindenhurst.org). We look forward to seeing you at Masses and Stations of the Cross; we look forward to having you join in our Parish Mission; we will take great joy in welcoming you to help with our many opportunities for service to others; we look forward to greeting you in the Sacrament of Penance, especially if it has been a long, long time since you have gone to Confession (we love to welcome people back). We look forward to journeying through our Lenten days of prayer, fasting and almsgiving together...and, of course, it’s not too early to begin to plan on joining in celebrating the liturgies of the Sacred Triduum — Holy Thursday, Good Friday, the Easter Vigil, and Easter Sunday!

May your Lenten season be a blessed one! Let us pray for one another as we all make this journey from spiritual winter to spiritual springtime and new life together!

Sincerely,

Reverend Monsignor Joseph DeGrocco  
Pastor

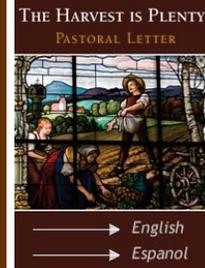


# FROM OUR BISHOP

Bishop Murphy's new pastoral letter, **"The Harvest is Plenty"** is currently available on our parish website.

As we begin this Lenten season, here are some highlights that may prove helpful to you.

To access the full text, go to [www.olphlindenhurst.org](http://www.olphlindenhurst.org).



"God is close to everyone, always no matter what! His love hovers over us and lives within us. He is always there, always attentive, always available...Whether we accept Him in our lives or keep Him out, He lets us make these choices. But He never stops loving us. He never gives up on us. He never abandons us."

"Some of us at times might ask, But WHY? Why does He bother? If I don't have time for Him why doesn't he just let me be? Let Him spend time with folks who are interested. My best answer is that He can't and He won't because He is the perfect Father."

"My friends, with all my heart, I want you to be happy, each of you, all of you. With all my heart I want you to have all that is good for you, all that will make your lives full and satisfying, rich and overflowing, transforming your hearts and opening them up to the only One Who is the reason why there is love: God Who is Love."

"Only you can decide what is best for you. Only you can decide to give God a second thought or the Church any part of your attention. You and I know that."

"That is where He lives: in the Church! That is where He wants us to be at home. And despite all my failures—or all the failures in the Church—God never abandons the Church but loves her even more in order to cleanse her and make her ever more the bride of Christ!"

"So here is my invitation. Try it! Be open to it! Come to Sunday Mass not because you like the music, not because some friend pushed you into it, not because you like or dislike the priest. Come to Mass because there you encounter God...Here you are always at home. Here you always belong, belong to Christ, to His Church and to one another. Here we give back to God a bit of the love He never stops giving us. Here, at the Harvest, you will find fulfillment and meaning. And we will live, live now and into eternity!"



"We live in the joy of the Gospel, the joy of being loved, the joy of sharing that love in His Church. We ought to have a deep constant desire that others may know and experience, live and rejoice in that same life."

"So, my friends, I am confident in saying to you: The Harvest IS Plenty! So many people thirst for God and cannot find Him. So many hearts are unsure, frightened, feel abandoned. So many people have for one reason or another given up on God or sought solace in false gods. You and I have an obligation in charity to reach out to them, an obligation in charity to be credible witnesses of Jesus Christ and the love He pours out on us all from within His Church."

# LENT 2014

## ABSTINENCE AND FASTING

All Catholics who have reached their fourteenth (14<sup>th</sup>) year are bound to abstain entirely from meat on Ash Wednesday and all the Fridays of Lent. All Catholics between the ages of eighteen (18) and fifty-nine (59) inclusive are also bound to observe the law of fast on Ash Wednesday and Good Friday. This means limiting oneself to a single full meal and avoiding food between meals. Two other light meals, which together do not equal a full meal, may be taken during the day. Those whose work or health would be impaired are excused from fast and abstinence. Individual conscience should decide proper cause for excuse. A more serious reason is required to excuse oneself from Ash Wednesday and Good Friday fast and abstinence.

### THE MEANING OF ASHES

Lent begins with ashes on our brows, reminding us of fundamental truths about ourselves. The dust of the ashes reminds us that death is inevitable for each of us. The ashes speak of repentance and of our need to convert our lives. The words at the imposition of ashes call us to repent and to believe in the Gospel. The ashes speak of a fire that has grown cold, a fire that needs to be rekindled within us by the time we gather around the new fire at the Easter Vigil. We seek to rise from the ashes of our sinfulness to a fuller life with Christ.

But before we can embrace the new life of the resurrection, we must embrace the cross. Before coming to the font of life-giving water, we must travel the desert. To embrace new life, we must be willing to embrace death. To become our true selves, we must slay the false selves behind which we have been hiding. Though it sounds negative, the dying to self to which we are called is the only way to fullness of life, and thus it is a profoundly positive step in our spiritual life, a step that begins with being signed with ashes.

### COMMUNAL MEANING OF ASH WEDNESDAY AND LENT

We make our Lenten journey through the desert in the company of the catechumens and candidates preparing for the initiation sacraments at Easter. This is the origin of Lent.

What we have come to call Lent developed in the fourth century, when three intersecting movements coalesced. The first was a paschal fast that gradually developed from two days into a forty-day observance. The second was the pattern of initiation that gradually developed into a full catechumenate with an intense period of spiritual formation leading to the sacraments at Easter. The third was the order of penitents, which sought a second conversion for those who sinned seriously after baptism. Modeled on the catechumenate, this process of the order of penitents culminated with reconciliation just before Easter.

Thus the forty-day fast was understood as the final stage of preparation for those called to baptism and also

as a time for reconversion for the already-baptized. As the whole community accompanied the elect and the penitents through this season, it came to be seen as a time for baptismal renewal for all the members of the church.

In subsequent centuries, however, both the catechumenate and the order of penitents gradually disintegrated. Lent was still seen as a penitential season, but the emphasis was on individual works of self-denial and on personal identification with the passion and cross of Christ. Lent was still a preparation for Easter, but the baptismal focus was largely lost, and the communal nature of conversion was ignored. Prayer, fasting, and almsgiving were held up as Lenten activities, but they became private rather than corporate. The liturgical reforms of the Second Vatican Council called for a recovery of the ancient tradition of a communal understanding of Lent.

We are to journey through Lent together, then, as though we were all catechumens. We are to listen to the readings and pray the prayers as though we were approaching the waters of life for the first time. We seek to understand and thus to enter into the experience of the elect, those called to enter into the paschal mystery of Christ Jesus through the waters of the font. Thus we all prepare together to come to the water again, to be more deeply converted to Christ and to renew our baptismal promises with conviction.

### DON'T JUST "RECEIVE" ASHES

As a parish, we wish to highlight that ashes are never just *received*, but rather that being branded with ashes is a sign of a **commitment** we make. The ashes are a sign that together we are all enrolled in the "order of penitents" and that we are committing ourselves to cooperate with God in **changing our life**. Ashes should not be passively received, but **actively accepted as a challenge** — a challenge to die and to rise with Christ, a challenge to embark on the Lenten journey with ones' brothers and sisters, a challenge to seriously undertake the traditional Lenten disciplines of prayer, fasting and almsgiving.



## PRAYER AND WORSHIP



### WEDNESDAY EXPOSITION CHANGE

Over the past few months, our Pastoral Staff and Liturgy Committee have discussed our experiences of Wednesday Exposition. Presently, the Eucharist is exposed from 12:45 to about 4:30 P.M. Unfortunately, at times, there are only one or two people praying before the exposed Blessed Sacrament making the prayer less of a communal celebration.

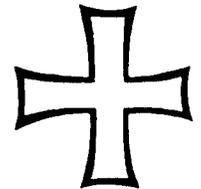
Therefore, beginning March 12, 2014, Exposition of the Blessed Sacrament will conclude at 2:00 P.M. with the celebration of Daytime Prayer and Benediction. Our hope in making this change is that some will be able to remain during the entire time of exposition. Additionally, our praying of Daytime Prayer more powerfully unites us with the global Church.

**PLEASE NOTE: Exposition will not take place on Ash Wednesday, March 5, 2014.**

## MUSIC NOTES

### Music During Lent

At OLPH, we observe the Lenten fast as a time of preparation for the celebration of Easter and for the renewal of our Baptismal promises. In keeping with the spirit of fasting, you will notice that the music at our liturgies will be much simpler during Lent as well. In a sense, you can say that we are fasting with our music. Don't worry, we'll make up for it in the exuberance and joy of the Easter Season.



- Our Eucharistic Acclamations (the Holy, Holy, the Memorial Acclamation, the Great Amen and the Lamb of God) will be sung to very simple chants. We've begun learning these already.
- During the Preparation of the Gifts, we will have no music at all.
- The organ will only be used to accompany singing which means there will not be any prelude nor postlude instrumental music, except on Laetare Sunday (the 4th Sunday of Lent).
- Each Sunday of Lent we will recite the words of the *Confiteor*, "I confess to almighty God . . ." We pray that the Lord's mercy will be with us on our Lenten journey. Then we will sing the Greek words "*Kyrie Eleison, Christe Eleison, Kyrie Eleison*" which mean "Lord Have Mercy, Christ Have Mercy, Lord Have Mercy."
- Instead of singing "alleluia" to announce the Gospel, we sing instead: "Praise and honor to you, O Lord, O Lord. Praise and honor to you, Lord Jesus Christ." We also won't sing "alleluia" in any of our hymns. We look forward to the Easter Season when we celebrate the newness of life and we will sing the "alleluia" again with new joy and praise.
- On the First Sunday of Lent we will be keeping the ancient tradition of the Church of singing the Litany of the Saints as we begin our Lenten Pilgrimage. We invoke the name of the saints who accompany us on our journey to Jerusalem.

## PREPARING FOR THE FUTURE

# 1987

### Remember 1987?

For many of us, it doesn't seem too long ago. Here are a few reminders of our world in 1987:

Gallon of gas.....	89¢
Average price of a house.....	\$88,000
U.S. President.....	Ronald Reagan
Average price of a cell phone.....	\$900.00

1987.....the last time Our Lady of Perpetual Help Parish conducted a census count of the Parish. Msgr. Joe was one year away from being ordained a priest, Father John was in 7<sup>th</sup> grade and Fr. Ethel was in his college seminary years. Msgr. Hamilton was our newly-installed Pastor.

### It is important us to update our census records.

In 1987, our parish census consisted of 6,000 families. At that time, each family was recorded with the head of the household's name, along with names and ages of family members. This census is what we rely on today as our parish directory. Twenty-seven years later, our records are out-of-date. Even for our newer parishioners, we may not have any information beyond the head of household's name.

The time has come to update our records. We want to know who you and your family members are. Do you have any special needs? Are there any family members who are shut-ins? We're here to serve you, and we can't do that unless we know what your needs are.

Within the next few months, we will be launching our 2014 Parish Census Project. Eventually, probably in the Fall, you will receive our census materials. When you receive them, please take the time to complete them. We promise it won't take too much of your time. There'll be an option to answer on the internet; you can drop it in the collection boxes, or return it to us by mail.

## Rite of Christian Initiation of Adults

The Rite of Christian Initiation of Adult is the process given to us by the Church for adults who seek to become Catholic. Through times faith sharing, fellowship and catechesis, women and men journey together in their common desire to join the Catholic Church. This year, we have four individuals who are coming into the Catholic Church from other Christian religions. They continue on their journey in this Lent and will seek full initiation into the life of the Church next Spring.

Now, *what about you or someone you love?*

### Do you want to be baptized and become a member of the Catholic Church?

The season of Lent is a wonderful time to learn more about this process of conversion for you or someone you care about. For more information, contact Fr. John (jsureau@oloph.org/631.226.7725) or Deacon Doug (631.226.7725) for more info.



# PARISH SOCIAL MINISTRY

- ✝ Catholics for the Freedom of Religion: Marie Foster—631.592.1509-ripalda@optonline.net
- ✝ Driving Ministry: Maureen Russo - 631.226.4182—princessmorge@optonline.net
- ✝ Golden Age Society: Dolores Barone—631.957.3432
- ✝ Hospital Visitors: Peter O'Neill - 631-226-6340—oneillp@optonline.net.
- ✝ New Mother's Meal Ministry: Carol Stysiack - 631.255 3506 -carolstys@verizon.net
- ✝ Nursing Ministry: Regina Muir - 631.226.2709 - rmuir11@aol.com.
- ✝ Respect Life Committee: Louise Perrotta - 631.412.3831—louiseperrotta@optonline.net.
- ✝ St. Bernard League: The Consi Family—631.226.7725
- ✝ St. Vincent De Paul Society: Joe Illiumato—631.226.7725, x. 234
- ✝ Senior Moments/Spirituality: Fran Grasso - 631.956.3003—sixfingers13@gmail.com

## Food Pantry

CANNED MEALS  
 PASTA SAUCE WITH MEAT  
 MACARONI & CHEESE  
 RICE  
 PANCAKE SYRUP  
 JELLY or JAM  
 CEREAL  
 BOX or CANNED POTATOES  
 COFFEE & TEA  
 HOT CHOCOLATE  
 SHELF STABLE MILK

Cut out this list and bring it with you when you go shopping!  
 Thank you and God bless you!

## Society of St. Vincent de Paul

Located in the "New" School Building  
 Use Parking Lot on corner of Gates & High Streets

**Our NEW phone # 631.226.7725 x. 234**

*The office is open:*

**Monday, Wednesday and Friday**

**9 A.M. — 12 Noon**

Lent is a call not just to "give up something" but more important to "give something for the poor." Wherever you live in the parish, there are poor families within walking distance of your home. When in need, they ring the rectory bell. They are, in effect, ringing your doorbell.

Is there a family you know who needs assistance? Please call the Society of St. Vincent de Paul so that together we can help the suffering and poor.



## HELP IS NEEDED!!!!

**Our Food Pantry is running out of food.**

Since the new year, we have received more and more requests for food from members of the community in need. The shelves on our food pantry are empty (see the picture on the left!).

Please consider picking up some extra food in the week ahead as you shop for your family. If you can, use the weekly shopping list in the bulletin as a guide, though all donations are welcome.

You can drop off your donation during St. Vincent de Paul office hours or leave it on the steps of the sanctuary in the Church.

# OLPH LOVES SENIORS!

*We give thanks to God for our parishioners of wisdom and honor. They have built our parish and local community and continue to inspire us with their presence, participation and prayer. This year, we are in the process of beginning and renewing a number of ministries to support and bring together our parish's seniors. Consider coming yourself and/or perhaps inviting someone you love to take advantage of these ministries and services!*

## OLPH SENIOR MOMENTS

**Beginning this Tuesday March 11, 2014**

**9:00—10:30 A.M. - Room 14**

Our Senior Moments group seeks to provide a place of welcome, prayer, and fellowship. The hope of this group is to bring together seniors for times of spirituality, sharing and support.

We will meet on the 2nd and 4th Tuesday of each month from 9:00 A.M. to 10:30 A.M. in Room 14 of the school building. (You may park between the Rectory and the school or in the High Street Parking Lot.)

Avail yourself of the opportunity to strengthen your relationship with God and with our parish community...and to have a good time too!



For more information, contact Mrs. Fran Grasso at 631.956.3003 or e-mail to sixfingers13@gmail.com.

**ALL ARE WELCOME!!!!**

## DRIVING MINISTRY



Our Driving ministry seeks to assist parishioners in need of a ride to a doctor's appointment or to another serious appointment when needed.

If and when possible, a member of our Driving Ministry will assist you (or your family member in our parish).

If you or someone you love is in need of a ride contact Maureen Russo at 631.226.4182—[princessmorge@optonline.net](mailto:princessmorge@optonline.net)

**Here's our Driving Ministry "Tip of the Week"...**

*Do you know a family or a neighbor who would like to come to Mass here at OLPH? Give them a call and offer to take them with you to Mass!*

## OLPH Golden Age Society

**The OLPH Golden Age Society**  
meets every 1st & 3rd Thursday of the month,  
11:30am—3:00pm  
at K of C Hall, South Broadway,  
Lindenhurst.

**What is the Golden Age Society?**

It's a place for our parish's seniors to come together in a social setting for community building, games, and good times.

**All "Golden Agers" are welcome!**

Any questions call President,  
Dolores Barone 631-957-3432.

# PARISH SOCIAL MINISTRY

## TAKE ACTION NOW!

We ask all parishioners to visit the website and enroll at:

**[www.nyscatholic.org](http://www.nyscatholic.org)**

so all may be kept up to date regarding important developments on respect life and social justice issues.



By enrolling in this website, you will receive the latest information about important public policy issues and specific (and easy) action steps you can take.

As disciples, we are obliged to engage in public policy issues and to bring the value and ideals of the Gospel to the public square.

Please sign up today!

## New Mothers' Meal Ministry

**Who are we?** A group of like-minded women who want to give a new Mom (and Dad) a break by cooking and delivering a delicious meal to your home. We keep the new family in our prayers.

**Who is eligible?** This is available for (Catholic) new mothers in the OLPH Parish.

Here's what some of the new mothers have said in their thank you notes:

*"Thank you so much for cooking us dinner last week. It was delicious and a great break! Thanks again! Love, Liz..."*

*The meal was delicious and I was able to use the bones to make chicken soup! "- from Colleen*

*We wanted to send a note thanking you for preparing us such a delicious meal. My husband and I enjoyed the Chicken Picata and the Manicotta, while my son Jason, gobbled up his chicken cutlet! The carrot cake was moist and yummy....Hope to see you in church! Love, Danielle...."*



If you had a baby in the last few months and could use a break, you may contact: Carol Stysiack at 631- 255 3506 or e mail [carolstys@verizon.net](mailto:carolstys@verizon.net) and put Meal Ministry in the subject line.

## CLOTHING BINS



Looking to make a clothes donation? While OLPH does not have a Thrift Store, we do collect using the St. Vincent de Paul Clothing Drop Bins.

The bins are now located in the High Street parking lot on the south side of the school annex (by our St. Vincent de Paul office).

Thank you for your generosity!

## PRISON FAMILIES ANONYMOUS

*"For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me."*

**Matthew 25:35-36**

Prison Families Anonymous, a project of FECS Health and Human Services System, welcomes anyone who now has, or ever had, a loved one involved in the juvenile or criminal justice system.

At meetings, we share our experience, strength and hope. Here we offer information and assistance in navigating the criminal justice system. We encourage members to exchange phone numbers and when possible to carpool to upstate prisons.

2nd and 4th Wednesdays of each month at 7:30 PM at the Babylon Town Hall Annex, Phelps Lane, North Babylon, NY

For additional information contact:  
516-496-7550 FECS + 631-943-0441 Barbara

## PARISH LIFE AND MINISTRY

*Cake bakers and drink makers  
NEEDED!*

OLPH is looking to form a new

### HOSPITALITY MINISTRY

- Are you someone who wants to use your gifts and talents, but can't make a commitment to a monthly meeting?
- Are you great at throwing together a little reception (with a little help)?
- Can you bake a dessert? Help with coffee? Shop at Costco?

One of the ways we unite as parish is to come together for times of fellowship and hospitality. We are looking to form a ministry that will help to coordinate and organize these events. This will be a great ministry for those who are not involved in the life of our parish and it can easily work around your schedule. This might also be good for some who are already involved. It's yet another way to share your gifts!

For more information, contact Father John at 631.226.7725 or e-mail to [jsureau@oloph.org](mailto:jsureau@oloph.org).

*Sign up today!!!!*

### The Middle Years...50+

Would you like to help plan a new 50+ activities group here at Our Lady of Perpetual Help parish?

This would be a group for those who are not yet seniors but are interested in coming together with others in the parish community. We need your input about the kinds of charitable projects, spiritual growth seminars, outings, parties, dinners that would be of interest to you. We are looking for men and women (50+) who want to enrich their lives by enjoying new experiences and a new-found community spirit.

For more information and to get involved, please contact Gail Tonnessen, 631-957-1449 or [gtonness@optonline.net](mailto:gtonness@optonline.net).

## Parking Spaces

Parking spots on the north and south sides of the Church have been repainted and, in some cases, transformed into parking spaces for those who are physically handicapped. These spots are close to the doors of the north and south side of the Church. Soon, the curbs will be cut to make it easier for those with wheelchairs and walkers to enter the Church.



*A note for all about parking....*

Many of us choose to park on High Street for Mass each week. Usually, our school parking lot on High Street is empty. **Please consider using the school parking lot on High Street.**

## LISTENING DEVICES AT MASS

Did you hear?



For some in our parish community, hearing can be difficult at Mass.

We also know there are some of us who struggle to hear in everyday life. We now offer listening devices for those who are need of hearing assistance.

**Here's how it works...**

1. Come to the sacristy before Mass and ask the Sacristan for a listening device.
2. Leave a license, car keys or some form of ID. *(We want to make sure they all get returned!)*
3. Enjoy hearing while you pray the Mass.
4. Return the listening device at the end of Mass.

## YOUTH MINISTRY @ OLPH

High School & Middle School Youth Ministry: Brittany Marie Evans (olph.yfia@gmail.com)

Youth Service Corps: Fr. John Sureau (jsureau@oloph.org)

Catholic Youth Organization: Mr. Phil Amico (olphcyophil@optonline.net)

Boy Scouts: Mr. Tom Duffy (baggage25@hotmail.com)

K of C Squires: Mr. Frank Nicosia (happynicosias@yahoo.com)

K of C Squirettes: Ann Marie Perullo (amp1761@hotmail.com)

### HIGH SCHOOL YOUTH MINISTRY

*For 8th graders and  
high school students!*

### MIDDLE SCHOOL YOUTH MINISTRY

*For 6th, 7th and 8th graders!*

High School Youth Group will meet again on March 16, 2014. On March 9, high school youth ministry leaders will be helping with our Confirmation Retreat.

**Next meeting:**  
Thursday, March 13, 2014  
7:30 P.M.  
Auditorium

## LENT 2014 @ YOUTH MINISTRY

### CLEAN UP YOUR ACT

Youth Ministry is asking every OLPH parishioner and ministry to CLEAN UP THEIR ACTS by helping us to make Wash Up Kits for the homeless. These kits are given to men and women who have no place to call home. Each kit provides the “basics” so they can clean up for the day.



We are collecting:

- **Washcloths**
- **Trial size or small size soaps**
- **Toothbrushes**
- **Trial size or small size toothpaste**
- **Small or trial size deodorant**
- **Chap Stik**
- **Small packages of handi wipes.**

**(ALL ITEMS must be new and unused.)**

We invite all parishioners and ministries to participate in this project. Leave your donated items on the steps of the sanctuary or in the Parish Office. At the end of Lent, members of the youth community will organize all the donations and prepare the Wash Up Kits for the homeless!

### + LENTEN REFLECTIONS +



Throughout the Lenten season, members of the youth community will offer daily reflections on their Facebook page—[facebook.com/olph11757](https://www.facebook.com/olph11757). While they are geared for young people, they'll work for people of all ages! Be sure to check it out and like us!

## EL MINISTERIO HISPANO

El grupo de oración- "Jesús es el camino, La verdad y la vida". Te invita a alabar y glorificar a DIOS todos los Jueves a las 7:00 PM en la cafetería. Comenzando con el Santo Rosario. Unete a nosotros en oración, alabanzas y reflexión de la palabra de DIOS.

Todos los martes llevamos el Santo Rosario a los hogares para orar en familia. Interesados favor llamar a Virginia Constantino al (631) 957-1149

### El Sacramento del Bautizo

Las ceremonias bautismales se llevan a cabo cada segundo y cuarto domingo del mes.

Los padres que necesiten bautizar a sus hijos deben atender alas sección de charlas, estas charlas son cada primer y tercer lunes del mes.

Para las ofrendas de pan y vino en el altar, favor llamar a la oficina parroquial a 631-226-7725.

Para más información sobre los sacramento matrimonio y servicio pastorales y unción de los enfermos y la Eucaristía, contacto Padre Juan Sureau - 631.226-7725 x. 224 o e-mail [jsureau@oloph.org](mailto:jsureau@oloph.org)/En español Irma González 631 620-2401  
Correo electrónico [lanegra628@yahoo.com](mailto:lanegra628@yahoo.com).



### Staying Connected...

One way to pray for and support one another is through communication. Thanks to our Social Media Committee, OLPH will soon have a new website that will allow for more information sharing and communication.

We have started a Parish Facebook page....so "LIKE"

**Our Lady of Perpetual Help Church  
Lindenhurst.**

Youth Ministry and Music Ministry at OLPH also have Facebook pages.

### Liturgy of the Hours EVENING PRAYER

#### Every Saturday and Sunday

At Evening Prayer, we give thanks for the day just past and make an evening sacrifice of praise to God (see Psalm 141:1). Join our parish for the celebration of Evening Prayer on **Saturday and Sunday evenings** at approximately **6:15 P.M.** (after the 5 P.M. Evening Mass). **All are welcome!!!!**

## YOUTH MINISTRY

### Squires LENTEN



### FRIDAYS OF LENT

**6:30 P.M. to 8:30 P.M.**

*OLPH Knights of Columbus Council +  
400 Broadway + Lindenhurst NY*

Come and join the young men who make up the Knights of Columbus Squires for a special fundraiser!

**Do you want to help others in need in our local community? Would you be up for helping with projects right here in our own parish? If so—**

## YOUTH SERVICE CORPS

*Here's how it works....*

When a need for help comes in, we'll contact everyone who has signed up for the Service Corps. If you can help with a particular project, great! If not, no problem. We'll contact you next time.

If you'd like to join, fill out the form below or contact Fr. John at 631.226.7725, x. 203 or e-mail to [jsureau@oloph.org](mailto:jsureau@oloph.org).

Over 100 young people have stepped up for the Service Corps...**what about you?**

### YES!!! Sign me up for the Youth Service Corps at OLPH!

Name \_\_\_\_\_

Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_

E-mail \_\_\_\_\_@\_\_\_\_\_

Presently I am in (check one)

Middle School  High School

College

# PRAYING FOR AND SUPPORTING ONE ANOTHER

## Nursing Ministry

*Beloved, I pray that all may go well with you and that you may be in good health, just as it is well with your soul."*

3 John 2

Our parish nursing ministry is off and running. Over 10 parishioners have come forward and have been working on some projects for our parish as a whole and with individual parishioners in need.

If you are interested in being a part of this new ministry and want to find out more information, please contact Regina Muir at 631.226.2709 or e-mail: [rmuir11@aol.com](mailto:rmuir11@aol.com).

## PASTORAL CARE OF THE SICK & ANOINTING OF THE SICK

Those who are seriously ill or facing surgery, as well as those in danger of death, should receive the Sacrament of the Anointing of the Sick. Please call the Parish Office and ask for one of our priests.

If you or a family member are ill and wish to receive Holy Communion, please contact the parish office. One of our parish priests will come visit you and an Extraordinary Minister of Holy Communion will then visit each week.

We pray for the sick and the homebound of our parish at each and every Mass.

*But when someone is sick, we at times think: "let's call for the priest to come"; "no, then he will bring bad luck, let's not call him", or "he will scare the sick person". Why do we think this? Because the idea is floating about that the undertakers arrive after the priest... (that the hearse will come). And this is not true... we ought to call the priest to the sick person's side and say: "come, give him the anointing, bless him". It is Jesus himself who comes to relieve the sick person, to give him strength, to give him hope, to help him; and also to forgive his sins. And this is very beautiful!*

-Pope Francis

## WE BELIEVE

*The Lord is my light and my help; whom shall I fear?  
The Lord is the stronghold of my life; before whom shall  
I shrink? - Psalm 27*

We pray for the sick of our parish...

Joan Weremeichek	Michael Cummo
Ann Marie Nuss	Julia Cicala
Mary Armbruster	Anthony Kercelius
William Delena	Bill Maher
John Manning	Kevin M. Curran
Joan Woelfel	Robert Horan
George Walters	William Sullivan
Baby Liam Michael Snow	William Trigg
Vincent Malito	Maria Rymdiak
Salvatore Cicala	Natalie Boscia
Herb Otten	Graham Jansen
Bernard Celestine	Nanette Ringle
Patricia O'Shea	Mary King
Richard Brosan	Bernard Lang
Gloria Licameli	Gerda Larosilieri
Baby Alexandra Digiamo	Dominick Barone
Christopher Ditalia	

If a family member or close friend is ill, please let us know so our community can pray for them. To have your name or the name of a loved one listed in our parish bulletin, please call the Parish Office.

## HOSPITAL VISITORS

This beautiful ministry touches the lives of parishioners in Good Samaritan Hospital Medical Center in West Islip. Volunteers, who have been trained by the Pastoral Care staff of Good Samaritan Hospital, take time to visit with members of our parish community. We are so grateful for those who have offered themselves to this healing ministry.



**Interested in learning more about this ministry?**  
Contact Peter O'Neill at 631-226-6340 or e-mail to [oneillp@optonline.net](mailto:oneillp@optonline.net). When a new training is offered by Good Samaritan Hospital we will let you know!

# SERVING AND SUPPORTING ONE ANOTHER

## IMPORTANT PHONE NUMBERS

**Parish Office:** 631.226.7725

**Religious Education:** 631.226.2384

**St. Vincent de Paul (Parish Outreach) :**

631.226.7725 X 234

**Parish Website:**

[www.olphlindhurst.org](http://www.olphlindhurst.org)

## THE SACRAMENT OF BAPTISM

Baptism ceremonies are held on the second and fourth Sundays of the month. Parents wishing to have a child baptized must attend a baptism preparation session before the baptism; these sessions are held on the first and third Mondays of the month excluding holidays. Contact the Parish Office to begin the process of having your child baptized.

## PASTORAL CARE OF THE SICK & ANOINTING OF THE SICK

Those who are seriously ill or facing surgery, as well as those in danger of death, should receive the Sacrament of the Anointing of the Sick. Please call the Parish Office and ask for one of our priests.

## RITE OF CHRISTIAN INITIATION OF ADULTS

Adults who wish to be baptized, or who have been baptized in another Christian faith and wish to become Catholic, or who have been baptized Catholic and wish to be confirmed and receive Holy Communion, are invited to join the process of the Rite of Christian Initiation of Adults. Please contact Deacon Doug or Fr. John at the Parish Office to begin the process.

## ADULT CONFIRMATION

Adults who have been baptized Catholic and who have received Holy Communion but who still need the Sacrament of Confirmation should enroll in our Adult Confirmation Classes. Please contact Deacon Doug or Fr. John at the Parish Office.

## THE SACRAMENT OF MARRIAGE

Please contact the Parish Office at least SIX MONTHS before the desired date of your wedding.

## YOUR PASTORAL COUNCIL

Jean Bjork

Tricia Buckley (Chair)

Lori Byron

Marie Foster

Greg Guido

Sonia Hansen

John Keller

Kevin Sabella

Christina Taparata

James Totino

Pete Triolo

Msgr. Joe DeGrocco

*Please feel free to speak to any member of the Pastoral Council with any questions you might have.*

## YOUR PARISH TRUSTEES

Robert Dobres

John Reynolds

## YOUR PARISH FINANCE COMMITTEE

David Barrett

Deacon Tom Bast

Gerry Chille (Chair)

Ed Cirella

Meg Danaher, CFP®, CLU®

Bob Dobres

Bob Meade

John Reynolds

Deacon Don Stamm

Msgr. Joe DeGrocco

*Please feel free to speak to any member of the Finance Committee with any questions you might have.*

## YOUR PARISH LITURGY COMMITTEE

Robert Becker

Mark Costantino

Debbie McDonough

Barbara McPhail

Rosaleen Walters

Mike Williams

Msgr. Joe DeGrocco

Chris Ferraro

Deacon Doug Smith

Fr. John Sureau

Alice Vozzo

*Please feel free to speak to any member of the Liturgy Committee with any questions you might have.*

# PRAYING FOR AND SUPPORTING ONE ANOTHER

## MINISTRY OF PRAISE

We come together each Tuesday at 7:45 P.M. in Room 14 of the New School Building. (You can park in the High Street Parking Lot.)



The evening begins with songs of praise and worship. After this some will, if so inclined, share some Scripture reading or some Christ-centered event in their life. This is followed by prayer for individual needs. Deacon Frank then presents a pastoral teaching related to Scripture or church life. The meeting closes about 9:30 P.M. with a song and then fellowship.

### ALL ARE WELCOME!

## Are you watching... INSIGHT?



Msgr. Joe's television show INSIGHT, which he co-hosts with Bishop Robert Brennan and Bishop Nelson Pérez, can be seen airing weekly on Telecare, channel 29 on Cablevision, on these days:

- Sundays at 10:00 pm**
- Mondays at 8:30 pm**
- Tuesdays at 10:00 am**
- Wednesdays at 11:00 pm**
- Saturdays at 7:30 pm**

## SUPPORT OUR BULLETIN ADVERTISERS!

Did you know that the OLPH bulletin is printed free of charge each week? Not only that, our parish receives a part of the advertising commission. **So please frequent the fine establishments that advertise in our bulletin!**

If your business could use a shot in the arm, consider advertising in the bulletin. Each week, nearly two thousand people attend Mass at OLPH, most of whom live and shop in the Lindenhurst area and receive or view our bulletin online. It's an easy way to reach thousands of area families with information about your business.

*For more information on how to advertise in our bulletin, call The Church Bulletin Company at 631.249.4994.*

2013 Edition of the  
**Our Lady of Perpetual Help Church**  
210 South Wood Avenue • Lindenhurst, New York 11757 •  
Telephone: 631-226-7721 • Fax: 631-226-9977 • www.olphbulletin.org

**O house of Jacob,  
come, let us walk  
in the light of the Lord!**  
Leviticus 2:5

**First Sunday of Advent**  
December 1, 2013

**PASTORAL STAFF**  
Pastor: Rev. Msgr. Joseph DeSantis  
Parish Vicar: Rev. Edw. Alarico • Rev. John Torres  
Parish Executive: Rev. Msgr. David S. Marone

Deacons: Dennis Paul A. O'Keefe • Dennis William Ciolek • Dennis Douglas G. Smith  
Parish Manager: Dennis Donald A. Sposito • Business Manager: Dennis Thomas J. East  
Coordinator of Faith Formation: April Carberry • Music Director: Christopher Frensch

**COME AND PRAY... SACRAMENT OF RECONCILIATION**  
Our parish is open 8:00 a.m. to 8:30 p.m. every day. Monday - Friday following the 11:15 p.m. Mass  
• Week-ends: 7:00 a.m. - 8:00 a.m. • Saturday: 8:00 a.m. - 9:00 a.m.  
• 15 min. last in confession • 15 min. last in confession  
• 15 min. last in confession • 15 min. last in confession  
• 15 min. last in confession • 15 min. last in confession

**MASS SCHEDULE**  
Monday - Friday  
8:00 a.m. and 12:15 p.m.  
Saturday: 8:00 a.m.  
Sunday: 7:00 a.m., 8:00 a.m., 9:00 a.m., 10:30 a.m., 11:15 a.m., 12:15 p.m. and 7:00 p.m.

**HOLIDAY MASS SCHEDULE**  
Holy Days: 8:00 a.m., 12:15 p.m. and 7:00 p.m.

**LIBRARY OF THE HOURS**  
We pray for you... from sunrise and sunset  
also for 7:30 Mass

**ADDITION OF THE BLESSED SACRAMENT**  
Monday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.  
Tuesday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.  
Wednesday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.  
Thursday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.  
Friday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.  
Saturday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.  
Sunday: 7:00 a.m. • 8:00 a.m. • 9:00 a.m.

**PARISH OFFICE HOURS**  
2013 Edition of the  
Monday - Friday: 9:00 a.m. - 5:00 p.m.  
Saturday: 9:00 a.m. - 1:00 p.m.  
Sunday: 9:00 a.m. - 1:00 p.m.

## The Long Island Catholic has a great E-newsletter!

We encourage you to sign up for the free, daily *Long Island Catholic* E-newsletter. Each day the latest news from the Diocese and the Church Universal will be delivered right to your E-mail inbox. Just visit [www.licatholic.org](http://www.licatholic.org) and scroll to the bottom of the page and enter your email address. That's all there is to it.

## LOOKING FOR A PLACE TO BOOK YOUR NEXT PARTY?



Try the

**OLPH Knights of Columbus #794 Hall  
400 South Broadway, Lindenhurst NY**

We are open to all types of parties:  
Birthdays, Sweet 16's, Anniversaries,  
Communions, Graduations & Fundraising  
We offer both catered &  
non-catered parties.

*For more information or to book your party please call  
and ask for Philip & Katherine Renna 631-226-3240.*

	<p><b>Donald H. Zuber</b> Painting Inside and Out Paper Hanging (631) 225-9452</p>		 <p><b>LINDENCREST DINER</b> Steaks • Chops • Seafood Breakfast • Lunch • Dinner Late Night Snacks <b>226-1010</b> 330 W. Montauk Hwy., Lindenhurst Serving our community with pride since 1985!</p>	
	<p><b>W.S.D.</b> <b>TAX &amp; ACCOUNTING</b> <b>WILLIAM S. DEMPSEY</b> 220 N. Wellwood Ave. Lindenhurst 226-4184</p>	<p><b>CLASS "A" HOME IMPROVEMENTS, INC</b> (516) 354-1144 • (718) 470-9531 ROOFING • SIDING • WINDOWS 90 lb. Flat Roofing • Shingle • Gutters • Leaders S.B.S. ROOFING ROBERT LAFAYE, (OWNER) Senior Citizen Discount Nassau Co. #1109680000 • N.Y.C. Lic. 883429</p>	<p><b>Joe Tree</b> Tree Service Split Firewood Removal Pruning Licensed (631) 956-3740 Stump Grinding Insured</p>	<p><i>The Sign Shop, Inc.</i> 1270 Merrick Rd., Copiague, NY 11726 <b>(631) 226-4145</b> John Prete, Parishioner</p>
<p>PHONE 631-225-5144 E-MAIL: info@stoneunltd.com 1-800-660-0662 Website: www.Stoneunlimited.org <b>STONE UNLIMITED, Inc.</b> MONUMENT MANUFACTURING &amp; INSCRIPTION WORK Mowimy po polsku</p>	<p><b>D'Andrea Bros. Funeral Home</b> 99 Oak Street, Copiague <b>631-691-5700</b> Serving our Communities since 1959 Physically Challenged Accessible Pre-Need, Funeral and Cremation Services Monuments and Inscriptions Beatrice E. Lewanduski • George Wischerth David D'Andrea • Joseph A. Carlantone</p>			
<p><b>East Neck Nursing &amp; Rehabilitation Center</b> A Leader in Skilled Nursing &amp; Rehabilitation Services 134 Great East Neck Road, West Babylon <b>422-4800</b> "We Make A Difference"</p>			<p><b>PAT DOLAN PLUMBING</b> Licensed Master Plumber 24 HOUR EMERGENCY SERVICE No Overtime Mon.-Sat. 7 am - 7 pm <b>631-225-8943</b></p>	

**Please Patronize Our Advertisers**

<p><b>Benjamin Moore®</b> Paints <b>BAK &amp; VOGEL</b> • Paint • Wallcovering • Window Treatments 191 No. Wellwood Ave. Lindenhurst (631) 226-2555 Family Owned &amp; Operated Since 1951 Longtime Parishioner of OLPH www.bakandvogel.com Serving the Village since 1951</p>	<p><b>All Pets Animal Hospital</b> And House Call Service 975 Little East Neck Rd W. Babylon Dr. Bob Corona, D.V.M. Serving your Area Since 1990 (631) 376-1133</p>	<p><b>Lindenhurst Mason Supply</b> 218 West Hoffman Ave. Lindenhurst (cor. of N. 7th St.) Ph: 631-956-7645 Topsoil • Mulch • Compost • Sand Brick • Natural Stone • Belgium Block Gravel • Rebar We Carry <b>HICOROCK</b> mowimy po polsku</p>	<p><b>Tina Napolitano</b> Enrolled Agent/Owner Treasurer of the Lindenhurst Chamber of Commerce</p>
		<p><b>ST. MARTIN OF TOURS SCHOOL</b> 41 Union Avenue, Amityville, NY 11701 <b>631-264-7166</b> www.smtschool.org Call for a Tour Today! 2 year old program, Nursery, Pre-K (5 full day, Extended Day or 1/2 day) Kindergarten-Eighth Grade Before and After Care Sports (CMSAA), Clubs, Student Government, State of the Art Technology, Math Olympiads, SMART Technology, National Jr Honor Society, Performing &amp; Fine Art Programs, K Builders Accredited by the Middle States Association of Colleges and School Providing over 90 years of Catholic Education and Academic Excellence</p>	<p><b>LIBERTY TAX SERVICE</b> 656 N. Wellwood Ave., Lindenhurst P: 631-225-2996 F: 631-225-2030</p>
<p><b>STOP!</b> If you live alone, you NEED <b>LIFEWATCH!</b> Simply press your waterproof pendant or wristband, and speak "hands-free" with our exclusive EMT-certified care center, 24/7. <b>\$19.95</b> LIMITED TIME OFFER! FOR FIRST 3 MONTHS* <b>LIFEWATCH USA</b> PERSONAL CARING SERVICE SINCE 1980 <b>800.481.5549</b> www.lifewatch-usa.com *See restrictions offer expires 12/31/14 and will be void upon renewal</p>		<p><b>Single Catholics</b> CatholicMatch.com/NY1 New York <b>631-422-6268</b> <b>munch landscape</b> Sprinklers Installed &amp; Serviced •Planting •Walkways •Retaining Walls •Pavers •Patos •Poolscapes •Drainage •Driveways •Sod &amp; Seed Lawns www.munchlandscape.com 10% off mention this ad. Diocesan Member</p>	
<p><b>FOR ALL OF YOUR BANKING NEEDS ...</b> Visit or call <b>Louise Seleznow, Branch Manager</b> at (631) 225-6600 317 S. Wellwood Avenue Lindenhurst, NY 11757 <b>RIDGEMOOD SAVINGS BANK</b> www.ridgewoodbank.com Member FDIC</p>		<p><b>O'NEILL</b> Lic &amp; Ins <b>PAVING &amp; MASONRY</b> Home Improvement Repairs Driveways • Paving • Patios • Steps • Aprons • Sidewalks • Stone Walls • Belgian Blocks • Block Walls Stone Walls • Concrete Walks • Blue Stone • Gravel Stoops • Railings Walkways • Cultured Stone • Stucco Drainage Work • Waterproofing <b>FREE ESTIMATES</b> 631-605-1047 / 631-612-0208 www.oneill-contracting.com</p>	

**Please Patronize Our Advertisers**

# God's Gift of Forgiveness

A Pastoral Exhortation on the Sacrament of Penance and Reconciliation

## Dear Brothers and Sisters in Christ:

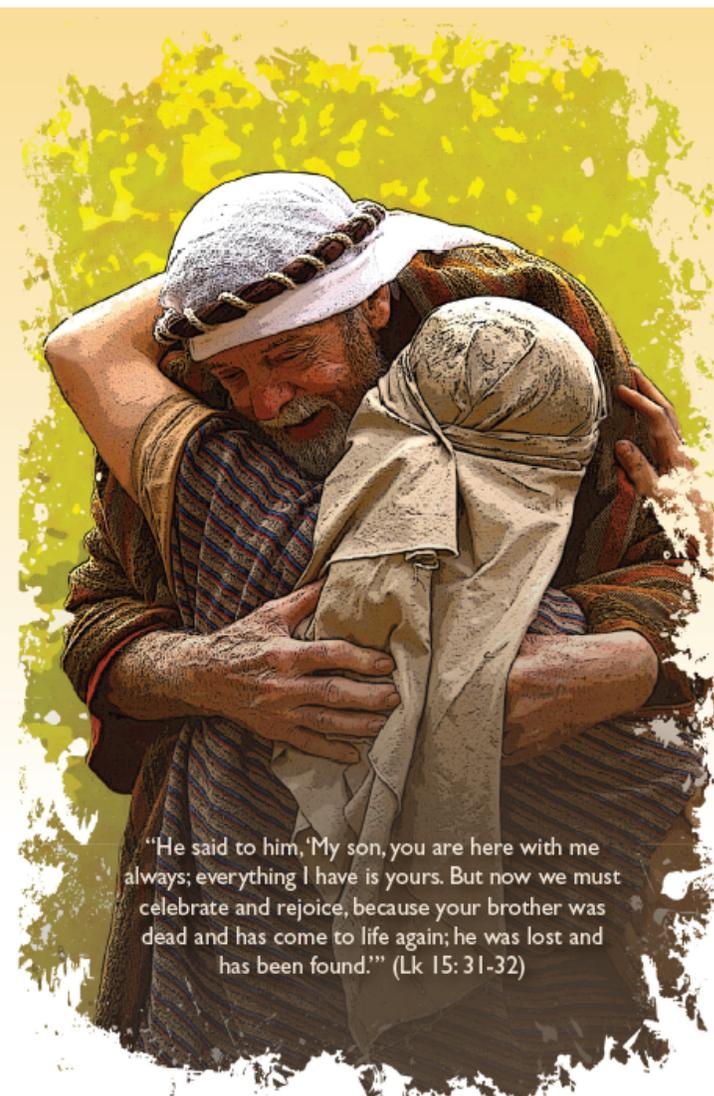
"Peace be with you!" With these words, the Risen Lord greeted his frightened Apostles in the Upper Room on the day of his Resurrection. They were troubled, anxious, and fearful—much like each one of us at some point in our lives. Christ repeated the words, "Peace be with you." But then he added, "Receive the holy Spirit. Whose sins you forgive are forgiven them" (Jn 20:19-23).

What an extraordinary gift! The Risen Lord was proclaiming that all the suffering he had just endured was in order to make available the gifts of salvation and forgiveness. He wanted the Apostles to receive these gifts. He wanted them to become apostles of this forgiveness to others.

In the Sacrament of Penance and Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. In this sacrament, he prepares us to receive him free from serious sin, with a lively faith, earnest hope, and sacrificial love in the Eucharist. The Church sees confession as so important that she requires that every Catholic go at least once a year.<sup>1</sup> The Church also encourages frequent confession in order to grow closer to Christ Jesus and his Body, the Church. By the grace of the Holy Spirit, we seek forgiveness and repentance, let go of patterns

of sin, grow in the life of virtue, and witness to a joyful conversion. Since the graces of the sacrament are so similar to the purpose of the New Evangelization, Pope Benedict XVI has said, "The New Evangelization . . . begins in the confessional!"<sup>2</sup>

We bishops and priests are eager to help you if you experience difficulty, hesitation, or uncertainty about approaching the Lord in this sacrament. If you have not received this healing sacrament in a long time, we are ready to



"He said to him, 'My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.'" (Lk 15: 31-32)

welcome you. We, whom Christ has ordained to minister this forgiveness in his name, are also approaching this sacrament, as both penitents and ministers, throughout our lives and at this special moment of grace during Lent. We want to offer ourselves to you as forgiven sinners seeking to serve in the Lord's name.

During Lent—in addition to the various penitential services during which individual confession takes place—we bishops and priests will be making ourselves available often for the individual celebration of this sacrament. We pray that through the work of the Holy Spirit, all Catholics—clergy and laity—will respond to the call of the New Evangelization to encounter Christ in the Sacrament of Penance and Reconciliation. Come to the Lord and experience the extraordinary grace of his forgiveness!

<sup>1</sup> *Catechism of the Catholic Church*, nos. 1457-1458.

<sup>2</sup> Pope Benedict XVI, Address to the Annual Course on the Internal Forum Organized by the Apostolic Penitentiary, [www.vatican.va/holy\\_father/benedict\\_xvi/speeches/2012/march/documents/hf\\_ben-xvi\\_spe\\_20120309\\_penitenzieria-apostolica\\_en.html](http://www.vatican.va/holy_father/benedict_xvi/speeches/2012/march/documents/hf_ben-xvi_spe_20120309_penitenzieria-apostolica_en.html).

FAITH  
WORSHIP  
WITNESS



JOURNEY  
WITH CHRIST

# How to Go to Confession...

May the Passion of Our Lord Jesus Christ,  
the intercession of the Blessed Virgin Mary and of all  
the saints,  
whatever good you do and suffering you endure,  
heal your sins,  
help you grow in holiness,  
and reward you with eternal life.  
Go in peace.

—*Rite of Penance*, no. 93

- 1 PREPARATION:** Before going to confession, take some time to prepare. Begin with prayer, and reflect on your life since your last confession. How have you—in your thoughts, words, and actions—neglected to live Christ’s commands to “love the Lord, your God, with all your heart, with all your soul, and with all your mind,” and to “love your neighbor as yourself” (Mt 22:37, 39)? As a help with this “examination of conscience,” you might review the Ten Commandments or the Beatitudes (Ex 20:2-17; Dt 5:6-21; Mt 5:3-10; or Lk 6:20-26).
- 2 GREETING:** The priest will welcome you; he may say a short blessing or read a Scripture passage.
- 3 THE SIGN OF THE CROSS:** Together, you and the priest will make the Sign of the Cross. You may then begin your confession with these or similar words: “Bless me, Father, for I have sinned. It has been [*give days, months, or years*] since my last confession.”
- 4 CONFESSION:** Confess all your sins to the priest. If you are unsure what to say, ask the priest for help. When you are finished, conclude with these or similar words: “I am sorry for these and all my sins.”
- 5 PENANCE:** The priest will propose an act of penance. The penance might be prayer, a work of mercy, or an act of charity. He might also counsel you on how to better live a Christian life.

- 6 ACT OF CONTRITION:** After the priest has conferred your penance, pray an Act of Contrition, expressing sorrow for your sins and resolving to sin no more. A suggested Act of Contrition is:

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy.  
(*Rite of Penance*, no. 45)

- 7 ABSOLUTION:** The priest will extend his hands over your head and pronounce the words of absolution. You respond, “Amen.”
- 8 PRAISE:** The priest will usually praise the mercy of God and will invite you to do the same. For example, the priest may say, “Give thanks to the Lord for he is good.” And your response would be, “His mercy endures for ever” (*Rite of Penance*, no. 47).
- 9 DISMISSAL:** The priest will conclude the sacrament, often saying, “Go in peace.”

If it has been a while since your last confession, remember, “Do not fear” (Is 41:10). The priest will help guide you. And feel free to take this how-to guide with you! (For more information, visit [www.usccb.org/confession](http://www.usccb.org/confession).)

## SACRAMENT OF PENANCE AND RECONCILIATION Our Lady of Perpetual Help

Monday—Friday: Immediately after the 12:15 P.M. Mass

Saturdays: 4:00—4:45 P.M.

Reconciliation is always available by contacting the Parish Office (631.226.7725).

*Additional times for the sacrament will be offered during Holy Week.  
Check the bulletin and website for more information.*

3 generation OLPH parishioner

# Johnstons' Wellwood Funeral Home

305 North Wellwood Ave, Lindenhurst, N.Y. 11757

Family Owned and Operated

www.wellwoodfuneralhome.com

226-2220

**MVM Contracting**  
All Phases of Home Improvements Dependable Free Estimates  
Mike Cell 631-327-5831  
Licensed & Insured

**HEADS UP HAIR SALON**  
168A Montauk Hwy. Marine Shop. Ctr. Lindenhurst  
Call For Appointment  
Open 6 Days - Closed Wednesdays  
225-1565

**The Little Flower Shop**  
226-0030  
437 N. Wellwood Ave.

**Foods of Italia** Est. 1966  
Italian Delicatessen  
640 N. Wellwood Ave. No. Lindenhurst  
(631) 226-9752

**Copiague Chiropractic**  
Back and Neck Pain Clinic  
1700 Great Neck Rd.  
608-8700  
Mowimy po polsku Se Habla Espanol  
www.amdurchiropractic.com

**SERGIO'S Italian Restaurant**  
Fine Food for Lunch & Dinner  
Open 7 Days  
Early bird Specials, Sun. - Fri.  
5422 Merrick Rd., Massapequa  
Your Host Michael 541-6554

**Wolf's Service Center** Est. 1978  
Computerized Wheel Alignment  
General Repairs • NYS Inspection  
847 N. Wellwood Ave., N. Lindenhurst  
(631) 225-9574



95 E. Hoffman Ave, Lindenhurst  
(Directly across from the LIRR Station)  
Tel: 631.226.WING (9464)  
www.duffyswinghouse.com

**ALLERS LUMBER CO., INC.**  
Serving The Area For 70 Years  
217 W. Montauk Hwy.  
Lindenhurst 226-6666

**Coach HEALTH**  
Office: (631) 587-1700

**FIRST CHOICE AGENCY, INC.** Est. 1947  
Licensed Insurance Broker  
Auto • Motorcycle • Boat • RV • Health • Life • Business • Commercial  
Catherine Brunetta, Longtime Parishioner  
Licensed Insurance Agent/Broker  
646D N. Wellwood Ave., Lindenhurst (Outback Shopping Center)  
Phone: (631) 422-6650 www.firstchoiceins.com

**DUFFY'S WING HOUSE**

\$5 off with a purchase of \$25.00 or more w/ad

**BABYLON ANIMAL HOSPITAL**  
Dr. Frank Liguori  
Cats • Dogs • Birds • Ferrets  
24 Hour Emergency  
350 E. Montauk Highway  
Lindenhurst 631-226-2288

Call: (516) 909-5677 Office: (631) 335-8281  
Annapolis (Agnes) Lavette Yo hablo espanol  
L.E. R.E. Salesperson Lic. R.E. Salesperson  
Mowimy Po Polsku

**STATE UTILITIES INC.**  
SERVICE CONTRACTS - Automatic Delivery  
HEATING OIL & BURNER SERVICE  
290 W. HOFFMAN AVE., LINDENHURST, NY  
R. YOUNG 24 HR. SERVICE 226-2380

Law Office of **RICHARD LAVORATA, JR.**  
General Practice  
101 N. Wellwood Ave., Ste 1  
Lindenhurst  
email:rlavorataesq@aol.com  
631/376-1301

**Lindenhurst Bagels and Deli**  
167 North Wellwood Ave.  
592-9050  
FACEBOOK: LINDENHURST BAGELS  
Purchase 6 BAGELS - Get 6 FREE  
w/ad not to be combined

**LAW OFFICES OF BERNARD J. ZIMNOCH**  
Mowimy po polsku Yo hablo espanol  
1909 Great Neck Rd., Suite B 631.789.1200  
Copiague  
GENERAL PRACTICE  
- Kupno - Sprzedaż nieruchomości  
- Testamenty  
- Sprawy imigracyjne i inne

**Roe Roe's SWEET STREET**  
Homemade and Gourmet  
Long Island's #1 Sweet Shop  
Chocolates  
Regular and Sugar Free  
Candies • FRESH FUDGE  
Candy and Nut Plates  
Party Favors • Gift Baskets  
(631) 661-8261  
36 Deer Park Ave., Babylon Village  
www.roeroesweetstreet.com

Dozen Bagels

COUPON

\$5.00 OFF  
1 Dozen Bagels  
offer expires 1-1-2013

B&B BAGELS 631-991-3506  
184 E. Montauk Hwy, Lindenhurst  
Next to Medicine Ctr / Across From Boston Market

**The Law Office of Edward F. White**  
218 N. Wellwood Ave. - Suite 1  
Lindenhurst  
631-957-7071

It's our differences that make us great.

Victor A. Voiles Agency Inc. No matter what your value, I'm here to protect it with respect and professionalism.  
324 S. Wellwood Avenue Lindenhurst, NY 11757  
Like a good neighbor, State Farm is there. ☺  
CALL ME TODAY

**State Farm**

**Town & Country TUXEDOS**  
123 East Montauk Highway Lindenhurst  
(631) 966-3888  
FREE Ground Transportation of 5  
\$20 OFF EVERY RENTAL AS FROM MONDAY  
www.townandcountrytuxedos.com

Proud Dignity Memorial® Provider

## Claude R. Boyd-Spencer Funeral Homes

www.boyd-spencer.com

Charles H. Spencer, Director  
448 West Main Street | Babylon | 631-669-2400  
Our newest location:  
255 Higbie Lane | West Islip | 631-669-8338

**BOB MEADE - 226-5995**  
Lic. Assoc. Broker  
"THE LINDY SPECIALIST"  
**Century 21**  
AA Realty, Inc.  
FREE Market Analysis  
Senior Citizen Discount

**Janek P. Ickowicz, D.D.S.**  
**PARK DENTAL**  
Dentysta mowimy po polsku  
1035 Park Blvd., Suite 1A, Massapequa Park  
516-798-9184

**Jo Ann Boettcher, CRS**  
Lic. Real Estate Salesperson  
Top 1% Nationality  
**Prudential**  
Douglas Elliman Real Estate  
124 West Main St., Babylon, NY 11702  
Direct: 631-422-9292 Cell: 516-359-0803  
joann.boettcher@elliman.com  
www.joannboettcher.com

**Broadlawn Manor**  
Nursing & Rehabilitation Center  
VOTED THE BEST! (by L.I. Business News)  
• Subacute Care • Outpatient Rehabilitation  
• Skilled Nursing • Adult Day Services  
• Volunteer Opportunities  
(631) 264-0222 - www.broadlawn.org  
399 County Line Rd, Amityville, NY 11701

**Allstate.**  
You're in good hands.  
**Gregory Caprioli**  
Agency Principal  
53 West Montauk Highway  
Lindenhurst (next to Checkers)  
Phone: 631-225-4100  
gcaprioli@allstate.com  
Mowimy Po Polsku Ask for Marta Moneta

Old Fashioned Services with Today's Technology Est. 1962  
**HASSELL AUTO BODY**  
587-5500 ~ 1-800-HASSELL  
NO HASSEL w/HASSELL  
390 Route 109 • West Babylon  
FREE Coffee or Beverage Cups For Your Next Gathering

"New State of the Art Facility"  
**HANGOUT DRY**  
laundromat & cleaners  
631.592.1704 hangouttoday@yahoo.com  
200 East Montauk Highway /Lindenhurst  
Mowing Madness Mon-Fri 7AM-11AM Only \$1.50 a load!  
10% Off any service w/ad

**Linden Floist**  
211 S. Wellwood Ave. Lindenhurst, NY  
226-0610  
Parishioner O.L.P.H.  
Serving our community over 40 years

**Oasis**  
DELI & SUBS  
631-991-7378  
\$1 off any 12" Sub w/ad  
39E. Montauk Hwy.  
Open for Breakfast & Lunch Daily  
Try one of our delicious home made salads

Diane Reynolds parishioner John Reynolds  
**Diane's Dance Center Inc.**  
122 West Montauk Hwy, Lindenhurst  
(631) 226-8800  
www.dianesdancecenter.com

# Lindenhurst Funeral Home, Inc.

Gordon & Bernadette Werner, Directors  
Directors, Vincent Ayers, John F. Casey & Thomas A. Brennan  
424 So. Wellwood Ave., Lindenhurst "Serving our community with pride since 1953" 957-0300