

Our Lady of Perpetual Help Church

210 South Wellwood Avenue + Lindenhurst, New York 11757 +

Telephone: 631-226-7725 + Fax: 631-225-9597 +

www.olphlindenhurst.com + Facebook: Our Lady of Perpetual Help



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ASH WEDNESDAY

February 14, 2024

Even now, says the Lord,
return to me with your whole heart...

Joel 2:12

PASTORAL STAFF

Pastor: Reverend Monsignor Joseph DeGrocco

Parochial Vicars: Reverend Fidelis Ezeani, Reverend Frank Zero, Reverend Emmanuel Okonkwo

Deacons: Deacon William R. Crosby, Deacon Douglas G. Smith,

Deacon Robert A. Becker, Deacon James Totino

Business Manager: Mr. Gerry Chille

Director of Faith Formation: Mrs. April Kleinlaut

Music Director: Miss Erin Barrett

COME AND PRAY...

Our church is open Mondays, Tuesdays, Wednesdays and Saturdays until 6:30 p.m. The church closes after the 12:15 p.m. Mass on Thursdays and Fridays, after the 5:00 p.m. Mass on Saturdays (except First Saturdays, when there is Nocturnal Adoration until 9:30 p.m.) and after the 12:00 Noon Mass on Sundays (or after the 2:00 p.m. Baptisms when those are celebrated). Also, the church will close after the last Mass on all holidays and holy days when parish offices are closed, regardless of the day of the week. Come in and spend some time in prayer whenever the church is open!

MASS SCHEDULE

Monday – Friday: 6:30 a.m. and 12:15 p.m.

Saturday Morning: 8:00 a.m.

Saturday Afternoon (Sunday Anticipated): 5:00 p.m.

Sunday Masses:

8:00 a.m., 10:00 a.m., 12:00 p.m.

Special Needs Mass:

First Saturday of the month at 4:00 p.m.
in the auditorium (Sunday Anticipated Mass)

Holy Days of Obligation: Consult the bulletin

EXPOSITION OF THE BLESSED SACRAMENT

Wednesdays: 12:45 p.m. to 2:00 p.m.

First Saturdays: 6:30 p.m. to 9:30 p.m.

LITURGY OF THE HOURS

We pray Evening Prayer communally, in person, each Saturday in the church immediately following the 5:00 p.m. Mass. Each Sunday, we pray Morning Prayer at 9:15 a.m. and Evening Prayer at 7:00 p.m. on the Zoom video platform. Click on the Zoom link on the home page of our website.

SACRAMENT OF RECONCILIATION

Every Saturday, 4:00 p.m. to 4:45 p.m.

*Also available by individual appointment
with one of the priests.*

DEVOTIONS

OLPH Novena: Mondays following 12:15 p.m. Mass

Rosary: Weekdays following 6:30 a.m. Mass

Saturdays and Sundays following 8:00 a.m. Mass

The Holy Face of Jesus: Tuesdays following
12:15 p.m. Mass

First Fridays and First Saturdays:

As announced in bulletin

PARISH OFFICE HOURS

Monday-Thursday: 9:00 a.m. - 9:00 p.m.

Friday: 9:00 a.m.-1:00 p.m.

Saturday and Sunday: 9:00 a.m. - 2:00 p.m.

DOWNLOAD THE OLPH APP

Catholic Life Every Day

with the Our Lady of Perpetual Help App

Text **App** to **55321**
to download
our parish app

- 1) Download **myParish App**
- 2) Select our Parish after opening



myparishapp.com/appstore

Made with ❤️ by Diocesan

*New number to download
the Parish App!*

Text to **55321**

*The old number 88202
is no longer in effect!*

*Cards are available on the pew ledges
as long as supply lasts.*

Calendar
Events, Locations, RSVP

Readings
Daily Readings from USCCB

Messages
Easily connect all week

Bulletin
Convenient mobile access



FORMED[®]

PICK OF THE WEEK

—WHOLE 40—

Making a Spiritual Plan for Lent

WITH DR. BEN AKERS & DR. ELIZABETH KLEIN

FORMED**NOW**

Whole 40: Making a Spiritual Plan for Lent

Sit down with Dr. Ben Akers and Dr. Elizabeth Klein to discuss the purpose of the season of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith.

Our parish has a FORMED subscription.
Visit formed.org/signup and select our parish.
Scan the QR code to download the FORMED app to your phone.



FROM THE PASTOR'S DESK



Our Lady of Perpetual Help Church

210 South Wellwood Avenue, Lindenhurst, New York 11757-4989
Phone: 631-226-7725 - Fax: 631-225-9597 - Website: olphlindenhurst.com

Reverend Monsignor Joseph DeGrocco
Pastor

Ash Wednesday, 2024

Dear Parishioners, and Dear Visitors to Our Lady of Perpetual Help Parish,

WE NEED JESUS CHRIST IN OUR LIVES!

That's what the ashes should remind us of. As we are marked with ashes, we are reminded of our frailty, and of our need for conversion and renewal, and therefore of our need for Jesus in our lives. We are dust, and unto dust we shall return, and therefore our lives depend on God. The ashes, as a sign of death, remind us that we must die with Christ in order to rise with Him. **WE NEED JESUS CHRIST!**

No matter what point you are at in your life, and regardless of whether you are a regular weekly Mass-goer or have not been to Mass in a long time and are just coming back on Ash Wednesday, **NOW IS A GRACE-FILLED OPPORTUNITY FOR YOU TO LET JESUS INTO YOUR LIFE IN A DEEPER WAY.** We are so happy that you have been a part of our Ash Wednesday observance, and we hope that you will be with us frequently through the seasons of Lent and Easter Time. If you have been away from the Church for a long time, **we are thrilled to welcome you back — no judgments, and no questions.** We're just glad you're here!

Please be part of our parish life this Lent and experience the love, mercy and forgiveness of God that comes to us through the Church. Make these Lenten days occasions of rising to true renewal and new life with Jesus Christ. Join in the various Lenten activities and programs that our parish will be offering; information about them can be found in this bulletin, in our weekly Sunday bulletins, on our website, www.olphlindenhurst.com, and on our parish app. Allow me to especially point out:

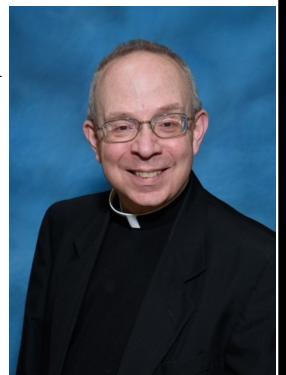
- Sunday Mass each and every week (it makes us who we are as Catholics!);
- Friday evening Stations of the Cross, led by different groups in our parish;
- our Parish Mission, March 3, 4 and 5;
- the Sacrament of Penance, especially if it has been a long, long time since you have gone to Confession (we love to welcome people back after a long time away!).

Together, we will journey through our Lenten days of prayer, fasting and almsgiving toward the glory of Easter. Also, don't forget to make your plans now and mark your calendar to join in celebrating the liturgies of the Sacred Triduum — Holy Thursday, Good Friday, the Easter Vigil, and Easter Sunday!

May your Lenten season be a blessed and holy one! Let us pray for one another, and together let us remember how much all of us **NEED JESUS CHRIST IN OUR LIFE!**

Sincerely,

Reverend Monsignor Joseph DeGrocco
Pastor



ASH WEDNESDAY

THE MEANING OF ASHES

Lent begins with our being marked with ashes, reminding us of fundamental truths about ourselves. The dust of the ashes reminds us that death is inevitable for each of us. The ashes speak of repentance and of our need to convert our lives. The words at the imposition of ashes call us to repent and to believe in the Gospel. The ashes speak of a fire that has grown cold, a fire that needs to be rekindled within us by the time we gather around the new fire at the Easter Vigil. We seek to rise from the ashes of our sinfulness to a fuller life with Christ.

But before we can embrace the new life of the resurrection, we must embrace the cross. Before coming to the font of life-giving water, we must travel the desert. To embrace new life, we must be willing to embrace death. To become our true selves, we must leave the false selves behind which we have been hiding. Though it sounds negative, the dying to self to which we are called is the only way to fullness of life, and thus it is a profoundly positive step in our spiritual life, a step that begins with being signed with ashes.

COMMUNAL MEANING OF ASH WEDNESDAY AND LENT

We make our Lenten journey through the desert in the company of the catechumens preparing for the initiation sacraments at Easter. This is the origin of Lent.

What we have come to call Lent developed in the fourth century, when three intersecting movements coalesced. The first was a paschal fast that gradually developed from two days into a forty-day observance. The second was the pattern of initiation that gradually developed into a full catechumenate with an intense period of spiritual formation leading to the sacraments at Easter. The third was the order of penitents, which sought a second conversion for those who sinned seriously after baptism. Modeled on the catechumenate, this process of the order of penitents culminated with reconciliation just before Easter.

Thus the forty-day fast was understood as the final stage of preparation for those called to

baptism and also as a time for reconversion for the already-baptized. As the whole community accompanied the elect and the penitents through this season, it came to be seen as a time for baptismal renewal for all the members of the church.

In subsequent centuries, however, both the catechumenate and the order of penitents gradually disintegrated. Lent was still seen as a penitential season, but the emphasis was on individual works of self-denial and on personal identification with the passion and cross of Christ. Lent was still a preparation for Easter, but the baptismal focus was largely lost, and the communal nature of conversion was ignored. Prayer, fasting, and almsgiving were held up as Lenten activities, but they became private rather than corporate. The liturgical reforms of the Second Vatican Council called for a recovery of the ancient tradition of a communal understanding of Lent.

We are to journey through Lent together, then, as though we were all catechumens. We are to listen to the readings and pray the prayers as though we were approaching the waters of life for the first time. We seek to understand and thus to enter into the experience of the elect, those called to enter into the paschal mystery of Christ Jesus through the waters of the font. Thus we all prepare together to come to the water again, to be more deeply converted to Christ and to renew our baptismal promises with conviction.

DON'T JUST "RECEIVE" ASHES

As a parish, we wish to highlight that ashes are never just *received*, but rather that being branded with ashes is a sign of a **commitment** we make. The ashes are a sign that together we are all enrolled in the "order of penitents" and that we are committing ourselves to cooperate with God in **changing our life**. Ashes should not be passively received, but **actively accepted as a challenge** — a challenge to die and to rise with Christ, a challenge to embark on the Lenten journey with ones' brothers and sisters, a challenge to seriously undertake the traditional Lenten disciplines of prayer, fasting and almsgiving.

LENT: ITS MEANING, STRUCTURE, AND OUR CHURCH ENVIRONMENT

THE MEANING OF LENT

We're going on retreat! True, we may not physically be traveling to a far-off place, but we are nonetheless going on retreat. The solemn season of Lent may be seen as a time of retreat for the entire Church, as we prepare to celebrate Easter and the new life which comes to us through Jesus' death and resurrection. In fact, three focal points can form the basis for our Lenten spiritual journey:



- focusing on the mystery of Jesus' death and resurrection;
- final preparation of those in the Order of Christian Initiation for Adults to receive Baptism, Confirmation, and Eucharist;
- rediscovery of and recommitment to Baptism by those already baptized, through their penance, spiritual renewal, and ongoing conversion.

The Constitution on the Sacred Liturgy of Vatican II explains:

The two elements which are especially characteristic of Lent — the recalling of baptism or the preparation for it, and penance — should be given greater emphasis in the liturgy and in liturgical catechesis. It is by means of them that the Church prepares the faithful for the celebration of Easter, while they hear God's word more frequently and devote more time to prayer. More use is to be made of the baptismal features which are proper to the Lenten liturgy....The same may be said of the penitential elements. But catechesis, as well as pointing out the social consequences of sin, must impress on the minds of the faithful the distinctive character of penance as a detestation of sin because it is an offense against God. The role of the Church in penitential practices is not to be passed over, and the need to pray for sinners should be emphasized. During Lent, penance should be not only internal and individual but also external and social.

THE STRUCTURE OF LENT

Most people know that Lent is 40 days long, but they think that the 40 days are the six weeks plus the four days of the week of Ash Wednesday (which totals 46 days) minus six Sundays, which equals 40 days. But Lent does not end on Holy Saturday; it ends on Holy Thursday evening. The Triduum, or Three Days, beginning with the Evening Mass of the Lord's Supper on Holy Thursday and concluding with evening Vespers on Easter Sunday, is a three-day season unto itself, and not merely the final three days of Lent. The span of days from Ash Wednesday to Holy Thursday is 44 days, but the ancient fathers of the Church calculated 40 days by beginning the count with the First Sunday of Lent, and continuing until Holy Thursday. This practice has been kept to the present time, hence the 40 days of Lent.

At least four phases of the season can be discerned:

1. *Ash Wednesday and the next three days:* These four days form a solemn preview of the season; the Scriptures and Mass prayers announce the major aspects of the observance and call us to enter into the season. The First Sunday of Lent begins the period of 40 days, with the Rite of Election for the catechumens being one expression of this.



2. *The 28 days from the First Sunday until the Saturday of the Fourth Week:* Scripture readings and penitential rites provide the structure for these days. Penance services and the first two Scrutinies for the elect on the Third and Fourth Sundays are all a part of this time. One feast day, the Feast of the Chair of St. Peter the Apostle (February 22) breaks this violet period in 2024. The Fourth or *Laetare* Sunday (March 10) brings its own nuances, and rose-colored vestments may be worn that day.

3. *From the Fifth Sunday and following:* Attention becomes focused on the Passion of Christ during this period of Lenten time. The Third Scrutiny for the elect is celebrated on the Fifth Sunday of Lent. The festivity of one feast day, the Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary, on March 19, interrupts the Lenten starkness and simplicity during this period.

4. *The last days, called Holy Week, beginning with Palm Sunday of the Passion of the Lord:* These days are given the highest liturgical precedence so the Church will not be distracted from final preparations for the Triduum. Focus on the Passion of Christ becomes intensified.

Remembering that Lent is primarily about baptismal preparation and conversion, let us be aware of the structure and movement of this season as we journey toward Easter.

CHURCH ENVIRONMENT AND OTHER RITUAL ELEMENTS DURING LENT

Our church environment will look different during the Lenten season. The environment in which we worship helps us to enter into a Lenten spirituality — what we see (and don't see) and smell and hear is all a part of the way we pray. Here are some things you will notice during Lent:

THE ASHES USED ON ASH WEDNESDAY WILL BE ON DISPLAY ALL DURING LENT, in the Divine Mercy Chapel area. This will be an ongoing reminder of the spiritual journey of Lent, a journey of dying and rising, a journey of changing our lives to be closer to Christ. The ashes come from burned palms saved from the

previous year's Palm Sunday.

THERE WILL BE NO FLOWERS IN THE CHURCH. The Roman Rite is specific about flowers for this penitential season: they are not allowed! The only exceptions this year are the feasts mentioned above and "*Laetare*" Sunday, the Fourth Sunday of Lent.

OUR BAPTISMAL FONT WILL HAVE A "LENTEN LOOK" TO IT. Our baptismal font will be decorated with purple bands, as a reminder that these forty days of penance and conversion lead to a renewal of our baptismal promises at Easter. We are thirsting for the new Easter water which will flow at the celebration of the Lord's Resurrection!

MUSIC WILL BE MUCH SIMPLER DURING LENT. For example, the organ will be used only to accompany singing, which means there will not be any prelude or postlude instrumental music, except on *Laetare* Sunday (Fourth Sunday of Lent), when the liturgy has a more joyful tone. In a sense, then, you could say that we are fasting with our music. Don't worry, though; we'll make up for it in the exuberance and joy of Easter Time!

ON THE FIRST SUNDAY OF LENT, WE WILL KEEP THE CHURCH'S ANCIENT TRADITION OF SINGING THE LITANY OF THE SAINTS AS WE BEGIN OUR LENTEN PILGRIMAGE. We invoke the names of the saints who accompany us on our journey to Jerusalem.

ON THE OTHER SUNDAYS OF LENT THE ENTRANCE CHANT WILL EXPRESS THE SERIOUSNESS OF LENT. The words and tune of what we sing during the Entrance Procession will express well for us the Lenten call to conversion and the seriousness of the season.

FOR THE PENITENTIAL ACT AT ALL SUNDAY MASSES DURING LENT WE WILL RECITE THE *CONFITEOR* (THE "I CONFESS TO ALMIGHTY GOD...") AND THEN SING THE *KYRIE ELEISON* ("LORD, HAVE MERCY"). This will highlight for us the penitential nature of the season and help us to more intently "acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries." It also gives us the chance to use the *Confiteor* ("I confess to almighty God...") which is not often heard at Sunday Masses.

WE WON'T BE HEARING "ALLELUIA!" Instead of singing "Alleluia" before the Gospel, we sing a different acclamation in its place. Also, we won't sing the word "alleluia" in any of our hymns. We look forward to Easter Time when we celebrate the newness of life and will again sing the "alleluia" with new joy and praise.



WE WILL USE THE APOSTLES' CREED INSTEAD OF THE NICENE CREED. The *Roman Missal* tells us, "Instead of the Niceno-Constantinopolitan Creed, especially during Lent and Easter Time, the baptismal Symbol of the Roman Church, known as the Apostles' Creed, may be used." So, to highlight the sacredness of the season, we will use the Apostles' Creed instead of the Nicene Creed, the one we usually use, for all of Lent and Easter Time. This will highlight for us the baptismal character of both the Lenten and Easter seasons.

THERE WILL BE NO SINGING OR INSTRUMENTAL MUSIC AT THE PREPARATION OF THE GIFTS DURING LENT. This will help create a mood of prayerful quiet and reflection appropriate to the season. The Priest may continue to pray the preparation prayers silently, or he may recite them out loud, giving the people the opportunity to respond, "Blessed be God forever." The exception to this will be *Laetare* Sunday (the Fourth Sunday of Lent), when the liturgy has a more joyful tone.

SIMPLE CHANT TONES WILL BE USED FOR THE EUCHARISTIC ACCLAMATIONS. The *Holy, Holy*, the *Mystery of Faith*, and the *Great Amen* will be sung to very simple chants, without accompaniment. Also, the *Lamb of God* chant will be sung using the Latin text ("*Agnus Dei...*").

CROSSES AND IMAGES IN THE CHURCH WILL BE COVERED STARTING WITH THE FIFTH SUNDAY OF LENT. This custom becomes yet another stark visual reminder of the seriousness of Lent and helps us to truly experience heavenly joy and resurrected life when the images of the saints, who are in heavenly glory, are seen once again come Easter.

There are other ritual aspects that go into the celebration of Lent:

- the omission of the *Glory to God in the highest* at the beginning of all Sunday Lenten Masses;
- traditional Lenten practices such as prayer, fasting, and almsgiving;
- Lenten devotions such as Stations of the Cross, on Friday evenings;
- our *Living the Eucharist* program;
- our Lenten Parish Mission on March 3, 4 and 5.

As we journey through the days of Lenten springtime together, let us enter into its spirit by anticipating the new life which comes to us through Jesus' resurrection at Easter.



PRAYER AND WORSHIP

Stations of the Cross

Fridays

**February 16, 23, March 1, 8, 15 and 22
at 7:30 p.m. in the church
March 29 at 12:00 Noon**



We are continuing the custom of having different groups from the parish lead the Stations of the Cross on the Friday nights during Lent as a great way to highlight the traditional Lenten devotion of the Stations of the Cross.

And also, save the date... Friday, April 5—Stations of the Resurrection!



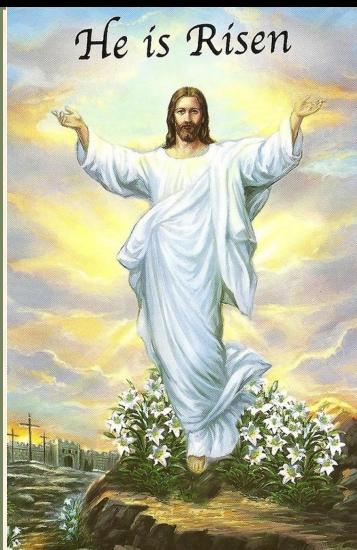
CONFESSIONS

**Saturdays: February 17, 24, March 2, 9, 16
4:00 p.m.—4:45 p.m.**

Saturday March 23: 3:00 p.m.—4:45 p.m.

**Monday of Holy Week, March 25:
2:00—4:00 p.m. and 6:00—9:00 p.m.**

PLAN NOW FOR EASTER...



THE EASTER VIGIL IN THE HOLY NIGHT

SATURDAY, MARCH 30

at 8:00 p.m.

Note: There is NO 5:00 p.m. Mass on Saturday, March 30

EASTER SUNDAY

OF THE RESURRECTION OF THE LORD

SUNDAY, MARCH 31

7:00 a.m., 9:00 a.m., 11:00 a.m. & 1:00 p.m.



Parish Lenten Mission

“Homecoming”

Sunday, March 3—Coming Home to Oneself

(How we see ourselves before God—our successes and failures)

Monday, March 4—Coming Home to God

(When and where we experience God’s presence and absence)

Tuesday, March 5—Coming Home to the Church

(Reflection on the current issues facing the Church and how we might respond)

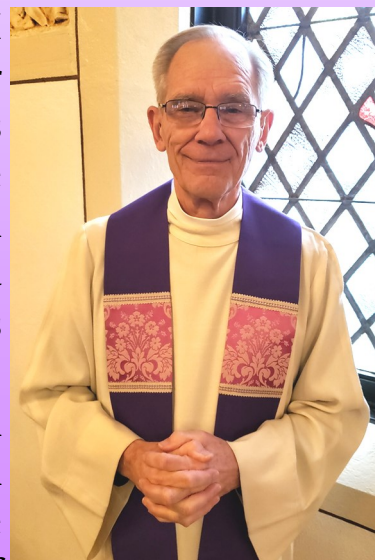
7:30 p.m. in the church

We need to come home to that place in our heart where God dwells, and where we are loved by God and others. This Parish Lenten Mission will take us on a journey—a Homecoming—which will bring us closer to ourselves, our God and our Church.

Given by Msgr. Jerry Ringenback

Retired pastor of Good Shepherd Parish, Holbrook

Fr. Jerry has also served as a spiritual director at both St. Pius X Preparatory Seminary and Immaculate Conception Major Seminary in Huntington. After ministering in several parishes as an associate pastor, he became pastor of St. Peter the Apostle Parish in Islip Terrace, then pastor of St. Bernard Parish in Levittown and most recently as pastor of Good Shepherd Church in Holbrook. Fr. Jerry has also served on many various diocesan committees and is currently Spiritual Advisor for St. Vincent de Paul Society headquartered in Bethpage. Although retired from full-time ministry, Fr. Jerry presently assists on weekends at St. Anthony Church in Rocky Point and from time to time offers various workshops and programs on the theme of Catholic spirituality. He resides in a private residence on the North Fork. He looks forward to offering the upcoming Lenten Mission to the people of OLPH and providing spiritual impetus for the season of Lent—a time of great renewal.



PRAYER AND WORSHIP



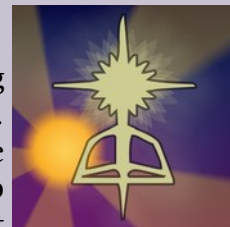
Novena to Our Lady of Perpetual Help

Each Monday, parishioners pray to seek the help and assistance of the Lord for healing, family, children and the needs of the world, seeking the intercession of the Blessed Mother. Take some time each Monday to join in the OLPH Novena.

**Every Monday at 12:45 p.m.
unless otherwise noted**

Evening Prayer

All are invited to pray Evening Prayer on Saturdays and Sundays. We pray the psalms, listen to the Word of God and give thanks to God for the blessings of the day. It usually takes about ten to fifteen minutes.



Saturdays and Sundays

We pray Evening Prayer communally, in person, each Saturday in the church immediately following the 5:00 p.m. Mass. Each Sunday, we pray Morning Prayer at 9:15 a.m. and Evening Prayer at 7:00 p.m. on the Zoom video platform. Click on the Zoom link on the home page of our website.

“The Liturgy of the Hours is intended to become the prayer of the whole People of God. In it Christ himself ‘continues his priestly work through his Church.... Pastors of souls should see to it that the principal hours, especially Vespers (Evening Prayer) are celebrated in common in church on Sundays and on the more solemn feasts.’”

-Catechism of the Catholic Church, 1175

CHRISTIAN INITIATION

NEW CATHOLICS WANTED and NEEDED!

What about you?

Do you want to be baptized?

Are you already baptized in another Christian church and want to become Catholic?

What are you waiting for?



We offer a beautiful and life-giving process to join the Catholic Church and would love for you to be a part of it! You will join with other women and men interested in becoming part of the Catholic faith. Together, led by members of our parish community, you will discover God's call for you!

We are looking to form the next group of those interested in joining the Catholic Church. **We need you to reach out and invite someone you know who might be considering this and have them contact us here at OLPH!**

Would you like to share your faith with those discerning God's call in their own hearts? To accompany another in this process not only aids those in this process of formation but transforms you as well. For more information about adult process, contact Jeffrey Gaab at (631) 965-0076 or e-mail at jsg375@gmail.com. For information about becoming part of our children's process, contact Mrs. April Kleinlaut at 631-226-7725 X 253 or at religioused@oloph.org

PRAYER AND WORSHIP



SPECIAL NEEDS MINISTRY

*Mass for People with
Special Needs
and for those
who care for them*

This vital ministry offers experiences for those with special needs and their families, including special Masses, various activities and opportunities to come together as a parish community.

1st Saturday of each month

4:00 p.m. in the School Auditorium

*All are welcome
come celebrate Mass with us!*

*We can use some help in preparing for our monthly Mass and other special needs events. How about you?
Contact Jessica Becker Paolo at 631.226-7725 X 252
or email to jbecker@oloph.org*

FIRST FRIDAY & SATURDAY DEVOTIONS

*All are invited to come
and pray with our parish community.*

First Friday Devotions will take place **March 1** after the 6:30 a.m. and 12:15 p.m. Masses.

First Saturday Devotions—in honor of Our Lady of Fatima—will be conducted Saturday, **March 2** beginning with the Rosary at 7:40 a.m., Mass at 8:00 a.m. and continued devotion following Mass.

Each month, all are invited to join the members of the Nocturnal Adoration Society for Eucharistic Adoration. **Adoration will be held on Saturday, March 2 from 6:30 p.m. to 9:30 p.m.** Reflecting the diverse community present at OLPH, each hour of the evening is celebrated in different languages (Spanish, Polish, English). The evening concludes with Benediction at 9:30 p.m.



LENT 2024 ABSTINENCE AND FASTING

All Catholics who have reached their fourteenth (14th) year are bound to abstain entirely from meat on Ash Wednesday and all the Fridays of Lent. All Catholics between the ages of eighteen (18) and fifty-nine (59) inclusive are also bound to observe the law of fast on Ash Wednesday and Good Friday. This means limiting oneself to a single full meal and avoiding food between meals. Two other light meals, which together do not equal a full meal, may be taken during the day. Those whose work or health would be impaired are excused from fast and abstinence. Individual conscience should decide proper cause for excuse. A more serious reason is required to excuse oneself from Ash Wednesday and Good Friday fast and abstinence.

BRINGING FORWARD THE OFFERINGS OF BREAD AND WINE



If the announced intention at Mass is for your intention, or if you have memorialized the bread and wine, and you would like to carry those offerings forward at the Presentation of the Gifts during Mass, please be sure to let the ushers know this before the Mass begins. They will be happy to have you do this. If no one steps forward to specifically request this, then they will select people from the assembly.

God's Gift of Forgiveness

A Pastoral Exhortation on the Sacrament of Penance and Reconciliation

Dear Brothers and Sisters in Christ:

"Peace be with you!" With these words, the Risen Lord greeted his frightened Apostles in the Upper Room on the day of his Resurrection. They were troubled, anxious, and fearful—much like each one of us at some point in our lives. Christ repeated the words, "Peace be with you." But then he added, "Receive the holy Spirit. Whose sins you forgive are forgiven them" (Jn 20:19-23).

What an extraordinary gift! The Risen Lord was proclaiming that all the suffering he had just endured was in order to make available the gifts of salvation and forgiveness. He wanted the Apostles to receive these gifts. He wanted them to become apostles of this forgiveness to others.

In the Sacrament of Penance and Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. In this sacrament, he prepares us to receive him free from serious sin, with a lively faith, earnest hope, and sacrificial love in the Eucharist. The Church sees confession as so important that she requires that every Catholic go at least once a year.¹ The Church also encourages frequent confession in order to grow closer to Christ Jesus and his Body, the Church. By the grace of the Holy Spirit, we seek forgiveness and repentance, let go of patterns

of sin, grow in the life of virtue, and witness to a joyful conversion. Since the graces of the sacrament are so similar to the purpose of the New Evangelization, Pope Benedict XVI has said, "The New Evangelization . . . begins in the confessional!"²

We bishops and priests are eager to help you if you experience difficulty, hesitation, or uncertainty about approaching the Lord in this sacrament. If you have not received this healing sacrament in a long time, we are ready to

FAITH
WORSHIP
WITNESS



JOURNEY
WITH CHRIST



"He said to him, 'My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.'" (Lk 15: 31-32)

welcome you. We, whom Christ has ordained to minister this forgiveness in his name, are also approaching this sacrament, as both penitents and ministers, throughout our lives and at this special moment of grace during Lent. We want to offer ourselves to you as forgiven sinners seeking to serve in the Lord's name.

During Lent—in addition to the various penitential services during which individual confession takes place—we bishops and priests will be making ourselves available often for the individual celebration of this sacrament. We pray that through the work of the Holy Spirit, all Catholics—clergy and laity—will respond to the call of the New Evangelization to encounter Christ in the Sacrament of Penance and Reconciliation. Come to the Lord and experience the extraordinary grace of his forgiveness!

¹ *Catechism of the Catholic Church*, nos. 1457-1458.

² Pope Benedict XVI, Address to the Annual Course on the Internal Forum Organized by the Apostolic Penitentiary, www.vatican.va/holy_father/benedict_xvi/speeches/2012/march/documents/hf_ben-xvi_spe_20120309_penitenzieria-apostolica_en.html.

How to Go to Confession...

May the Passion of Our Lord Jesus Christ,
the intercession of the Blessed Virgin Mary and of all
the saints,
whatever good you do and suffering you endure,
heal your sins,
help you grow in holiness,
and reward you with eternal life.
Go in peace.

—*Rite of Penance*, no. 93

- 1 PREPARATION:** Before going to confession, take some time to prepare. Begin with prayer, and reflect on your life since your last confession. How have you—in your thoughts, words, and actions—neglected to live Christ’s commands to “love the Lord, your God, with all your heart, with all your soul, and with all your mind,” and to “love your neighbor as yourself” (Mt 22:37, 39)? As a help with this “examination of conscience,” you might review the Ten Commandments or the Beatitudes (Ex 20:2-17; Dt 5:6-21; Mt 5:3-10; or Lk 6:20-26).
- 2 GREETING:** The priest will welcome you; he may say a short blessing or read a Scripture passage.
- 3 THE SIGN OF THE CROSS:** Together, you and the priest will make the Sign of the Cross. You may then begin your confession with these or similar words: “Bless me, Father, for I have sinned. It has been [*give days, months, or years*] since my last confession.”
- 4 CONFESSION:** Confess all your sins to the priest. If you are unsure what to say, ask the priest for help. When you are finished, conclude with these or similar words: “I am sorry for these and all my sins.”
- 5 PENANCE:** The priest will propose an act of penance. The penance might be prayer, a work of mercy, or an act of charity. He might also counsel you on how to better live a Christian life.
- 6 ACT OF CONTRITION:** After the priest has conferred your penance, pray an Act of Contrition, expressing sorrow for your sins and resolving to sin no more. A suggested Act of Contrition is:

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.
(Rite of Penance, no. 45)
- 7 ABSOLUTION:** The priest will extend his hands over your head and pronounce the words of absolution. You respond, “Amen.”
- 8 PRAISE:** The priest will usually praise the mercy of God and will invite you to do the same. For example, the priest may say, “Give thanks to the Lord for he is good.” And your response would be, “His mercy endures for ever” (*Rite of Penance, no. 47*).
- 9 DISMISSAL:** The priest will conclude the sacrament, often saying, “Go in peace.”

If it has been a while since your last confession, remember, “Do not fear” (Is 41:10). The priest will help guide you. And feel free to take this how-to guide with you! (For more information, visit www.usccb.org/confession.)

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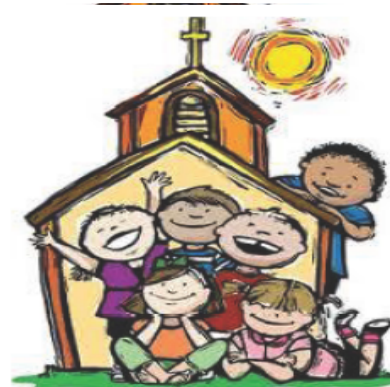


PRAYER AND WORSHIP

CHILDREN'S LITURGY OF THE WORD

Join us Sundays at the 10:00 a.m. Mass
 Children 1st Grade and older can join in the
Children's Liturgy of the Word
 every 1st and 3rd Sunday
 during the 10:00 a.m. Mass.

Participating in the
 Children's Liturgy of the
 Word continues to teach
 children how to participate
 in Mass, since they do the
 same things that are being
 done in the main body of
 the church



Taizé Prayer Around the Cross Thursday, March 14th



7:30 p.m. in church

Join us for a candlelight prayer service to help us reflect on the mystery of the Cross and the glory of Christ's resurrection. Consider setting aside 45 minutes to join in this beautiful and contemplative form of prayer.

LITTLE BLACK BOOKS FOR LENT ARE NOW AVAILABLE

Please take home a *Little Black Book*, new for 2024, which contains daily reflections for the Lenten season. This book provides the opportunity for prayerful sacred reading for every day of Lent. Books are available throughout the church on the pew ledges. Let God speak to you during this special and holy time of the liturgical year by taking a few minutes for quiet reflection using the *Little Black Book*. They are provided free of charge for your spiritual enrichment, but if you would like to put an extra three (3) dollars into the collection basket to help cover the cost of your book, it would be appreciated. Thank you!

The Little Black Book
Lent 2024

Six-minute meditations on the
Passion according to Luke

REMINDER REGARDING THE COMMUNION FAST

Please remember that we are supposed to observe a Communion Fast before receiving Holy Communion. This means we do not eat any foods or drink any liquids for one hour before receiving Holy Communion, the only exception being water or medicine. This also means that we are not to chew gum during Mass, and certainly not while we are coming forward to receive Holy Communion. Let's be sure we are appropriately prepared to receive Holy Communion by observing this important rule of the Church.

IMPORTANT NOTICE AFFECTING ALL CHILDREN OF THE PARISH

As required by the Diocese of Rockville Centre, Sacraments of Initiation are to be celebrated in the home parish of the child. Therefore, all families of OLPH with children celebrating First Communion and Confirmation are to have their children **celebrate those sacraments at OLPH**. As Catholics, our faith identity is centered in our Eucharistic identity, namely, the Sunday worshipping community we belong to (where we celebrate Mass Sunday after Sunday). This community is our primary community and the community in which our faith is lived, day in and day out.

Because of this, and because each year of religious formation builds on the prior one, **all school-aged children who are parishioners of OLPH, regardless of where they attend school, must be registered with our Religious Education Office for all years of religious formation (not only for sacrament-preparation years).**

- Children **in all grades** who attend **public school** attend religion classes in our Religious Education Program, and they and their parents also participate in various non-classroom religious formation experiences.

- Children **in all grades** who attend a **Catholic elementary school** need not attend the Religious Education classes, but they **must be registered in the program**, and they and their parents participate in all the non-classroom religious formation experiences, especially but not only in sacrament-preparation years. **These children celebrate the sacraments here at OLPH**, not at the parish of their elementary school.

- Children **in all grades** who are **homeschooled** must also be registered with the Religious Education Office; they may or may not be required to attend the Religious Education classes, depending on their homeschool curriculum, but regardless, the homeschooled children and their parents are to attend the various non-classroom formation experiences, especially but not only in sacrament-preparation years. **These children celebrate the sacraments here at OLPH.**

If you are a parishioner with children in a Catholic elementary school or who are homeschooled and you are not yet on record with our Religious Education Office, please contact the office immediately. If you know of anyone who should be registered, please let them know of this policy. Thank you for your cooperation and understanding.

FRIENDS OF MUSIC

“The musical tradition of the universal Church
is a treasure of inestimable value,
greater even than that of any other art.”
- *The Constitution on the Sacred Liturgy #112*

The *Friends of Music* is an initiative to help support the music ministry here at Our Lady of Perpetual Help Church. Through the generosity of our *Friends*, we are able to continue to offer beautiful music for our liturgies and concerts and special programs throughout the year. Please consider supporting the *Friends of Music* at Our Lady of Perpetual Help Church for the 2024 season.

Contributions will be used to directly support the music program at Our Lady of Perpetual Help Church including Advent Lessons and Carols, concerts, additional brass, woodwind and string instruments for special liturgies for Christmas, Easter and Pentecost. Acknowledgments are made in programs for our concerts and special musical offerings throughout the year as well as in our parish bulletin. Contributions can be given at any of the following levels:

- St. Cecilia (\$350 or more)
- St. Gregory the Great (\$200 to \$349)
- St. Augustine (\$100 to \$199)
- St. Ambrose (\$50 to \$99)
- St. Hildegard of Bingen (up to \$49)

It will be primarily through the support of the *Friends of Music* that we will be able to continue to produce high-quality music in our majestic church for the praise and glory of God. To make a contribution by mail, simply send a check made payable to OLPH to:

OLPH Friends of Music
210 South Wellwood Avenue
Lindenhurst, NY 11757

If your contribution will be in memory of someone or in honor of an occasion such as an anniversary, birthday, etc., please make note of the event and/or person(s) name(s).

If you have any questions, please don't hesitate to contact Erin Barrett at ebarrett@oloph.org or (631) 226-7725 ext. 210. Thank you for your support of our Music Ministry.

OUR LADY OF PERPETUAL HELP FRIENDS OF MUSIC

I wish to support the *Friends of Music* by making a donation of \$_____

(please make checks payable to OLPH)

Name: _____

Address: _____

E-mail: _____

Phone#: _____

This donation is:

In memory of _____

In honor of _____

Anonymous

🎵 MUSIC MINISTRY 🎵

Can you share your musical gifts?

Perhaps God is calling you to become a part of the music ministry at OLPH. If so, read below to see which ensemble might suit your gifts. Pray about it and then give a call. We need you!



Adult Choir

The Adult Choir sings at the 12:00 p.m. Mass most Sundays (September to June) and for other special liturgies during the year. Rehearsals are on Thursdays from 7:30 to 9:00 p.m. in the church. Members are high school aged or older. Reading music is not a requirement, just the ability to carry a tune. Please call in advance if you would like more information. Audition required.

Contact: Erin Barrett
(631) 226-7725, ext. 210
ebarrett@oloph.org

Youth Choir

The Youth Choir sings at the 10:00 a.m. Mass three times a month (September to June) and at other special liturgies during the year. Rehearsals are held on Monday afternoons from 5:00 p.m. to 6:00 p.m. in the church choir loft. Members are in grades 3 through 12.

Contact: Erin Barrett
(631) 226-7725, ext. 210
ebarrett@oloph.org

OFFICE OF FAITH FORMATION

Located in the Rectory
 Phone # 631.226.7725 x. 253
 Email: religioused@oloph.org
 Director: Mrs. April Kleinlaut
 (akleinlaut@oloph.org)

OFFICE OF FAITH FORMATION**REGULAR OFFICE HOURS:**

Monday: 9:00 a.m. - 3:00 p.m.
 Tuesday: 9:00 a.m. - 3:00 p.m.
 Wednesday: 12:00 p.m. - 8:00 p.m.
 Thursday: 11:00 a.m. - 5:00 p.m.
 Friday: CLOSED
 Saturday: By Appointment Only

LEVELS 6, 7, 8 & SERVICE CORPS

Looking for service hours?

Join us for our

Lenten Mission Service Series!

Serve your community through the
 Corporal Works of Mercy!

Some of the Upcoming Events Include:

On Wednesday, March 6

We will be meeting in Room 18 to count out Rice Bowls for our Religious Ed. Classes to collect change during Lent. Starting time: 5:30 p.m.

On Wednesday, March 13

We will be meeting in Room 18 to make Easter gifts and cards for the homebound of the parish.
 Starts: 5:30 p.m.

RSVP to April for all events

Vacation Bible Camp Needs You!

**Planning Meeting Saturday, March 9,
 at 11:30 a.m. in the school auditorium.**

**Please consider being a part of our team!
 Contact April for more information.**

Save the Date!

Vacation Bible Camp

July 8th - July 12th

Preview Day:

Sunday, March 10, after the
 10:00 a.m. Mass in the auditorium.

*Are you looking
 to save BIG?!*
For one day only
 register at this
 event and get the
 early-bird
 special!



New registrants may begin registering **as of now**. This includes all students who will be in 1st grade in September 2024, all students in grades 1-7 who wish to begin religious instruction, and all homeschooled or Catholic school students who have not registered with the Office, who must receive their sacraments at their home parish of OLPH.

New registrants MUST come in person to register, and a baptismal certificate is required at the time of registration, no exceptions.

Returning Families:

Families will be receiving a letter shortly regarding registration to continue their child's religious education. Registration will begin in April 2024. Please call our office for more information on re-registering.



“LET THE CHILDREN COME TO ME” PRAYER GARDEN Engraved Bricks

*Memorialize your loved ones or your
prayer intention in our
“Let the Children Come to Me”
Prayer Garden!*

*The memorializations do not have to be only for children, though;
the prayer garden is for all prayers, intentions and
memorializations for loved ones of any age.
Or, you can offer a prayer intention.*

Your Name(s) _____

Street: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Please enclose full payment of \$125 with this completed form.

Make checks payable to: Our Lady of Perpetual Help Church.

Mail or return form in person to:
Our Lady of Perpetual Help Church
Attn: Brick Memorialization
Linda Coppola
210 South Wellwood Avenue
Lindenhurst, NY 11757

*Please print the inscription as it is to appear on the brick (3 lines/15 characters per line maximum).
Each box represents one letter, number, character or space. The pavers will be engraved in all capital letters.
If you would like to add a heart or a cross to your brick, it will be engraved on the left hand side.*





PARISH SOCIAL MINISTRY

- † Bereavement Ministry: Linda Arpino—631.592.1062—forubabe77@gmail.com
- † Blue Door Thrift Boutique: Tricia Buckley—631.561.5790—thebluedoor@oloph.org
- † Catholics for the Freedom of Religion: Kathy Feldman—631.225.9864—cdfeldman@optonline.net
- † Hospital Visitors: Peter O'Neill—631.226.6340—oneillp@optonline.net
- † Respect Life Ministry: Louise Perrotta—631.412.3831—louiseperrotta123@gmail.com
- † St. Vincent de Paul Society: Valerie Baxter—631.226.7725, x. 234
- † Special Needs Ministry: Jessica Becker Paolo—631.226.6175—jbecker@oloph.org

Society of St. Vincent de Paul

Located in Room 24 of the School

Use Parking Lot located
on corner of Gates & High Streets

631.226.7725 x. 234

The office is open:

Monday, Wednesday and Friday

9:00 a.m.—12:00 Noon

1st & 3rd Saturdays: 1:30 p.m.—3:00 p.m.

St. Vincent de Paul is our parish's primary way to reach out to those in need in our local community. Our incredible offerers do all they can to assist those in our local community.

Please share your abundance by giving a gift to the Society of St. Vincent de Paul so that those who do not have clothes and food can share in the blessings from your generosity.

NEW Food Pantry List!

PEANUT BUTTER

JELLY OR JAM

REGULAR COFFEE

HOT CHOCOLATE

SHELF STABLE WHOLE MILK

HOT & COLD CEREAL

SMALL PACKAGES OF RICE

PASTA SAUCE

CANNED POTATOES

BAKED BEANS

*Please bring your donations to the
St. VdeP office in Room 24:*

Monday, Wednesday or Friday

9:00 a.m.—12:00 Noon

or 1st & 3rd Saturday 1:30 p.m.—3:00 p.m.

Thank you for your continued generosity.

Cut out this list and
take it with you to the store!

THE SAINT VINCENT DE PAUL SOCIETY NEEDS YOU!

Are you interested in helping out your parish community?

Think about joining The Society of St. Vincent de Paul.

The commitment is minimal. Our members cover one three-hour shift in the pantry once every three weeks. The rewards are plentiful. You have the opportunity to bring hope and health to those in need right here in Lindenhurst. You also have the opportunity to meet many wonderful people, and make new friendships.

If you would like to join, call us at 631-226-7725, ext. 234 Monday, Wednesday, and Friday between 9:00 a.m. and Noon. We are also open the first and third Saturdays of the month from 1:30—3:00 p.m. for those who are busy during the week.

We are looking forward to hearing from you!

PARISH LIFE AND MINISTRY



Getting Married @ OLPH

It brings great joy to our parish community when a man and a woman come to the Church to celebrate the Sacrament of Matrimony. Whenever we respond to God's call, the entire Church rejoices!

If you want to get married at OLPH, we ask you to contact the Parish Office at least six months before the desired date of your wedding. Before making any other arrangements, please call the rectory at 631-226-7725 to meet with one of our priests or deacons first. At least one of the parties should be a parishioner of OLPH.

"Baby Problems?"

Don't give up...

there is always HOPE.

Respect

L i f e

For example – Shellie & Greg Tucker were expecting a baby. Suddenly the doctor recommended "termination" because they would not survive since they were "co-joined" and shared a diaphragm and liver. As the doctor was saying this, the mother felt her babies kicking inside of her. They refused abortion and searched for another doctor. Four years later they have two separated happy "normal" little girls, climbing and getting into "trouble."

If you know ANYONE considering abortion or who has been advised to abort, do NOT be silent. Offer them hope and direct them to doctors who believe in life – **Gianna Center/Gabriel's Courage** at Good Samaritan Hospital or the **Life Center** or **Birthright**.

For more information about our Respect Life Ministry – contact Louise 631-412-3831.



Legion of Mary

Become even closer to Our Lady by doing what our Mother asks of us—to **say the Rosary**. You can become part of her "Prayer Warriors" by joining the Legion of Mary.

All that is required (as an "auxiliary" of the Legion) is that you **say the Rosary** daily plus a few extra prayers (taking about 5 minutes). You do NOT have to say the Rosary as one unit but may break it up during your day.

If you'd like to be even closer to Our Lady, you are most welcome to join as an "active" Legionaire. This has the same prayer requirements as above BUT ALSO you would attend a weekly meeting and do a "spiritual work" each week.

Our meetings are held off campus on Wednesdays at 2:30 p.m. You are welcome to visit us with no obligation to join.

For information contact Louise Perrotta at 631-412-3831 or louiseperrotta123@gmail.com.

HOSPITALITY MINISTRY

One of the ways we unite as parish is to come together for times of fellowship and hospitality. Our Hospitality Ministry works to bring people from all different walks of life in our parish together. This is a great ministry for those who are not involved in the life of our parish and it can easily work around your schedule. This might also be good for some who are already involved. It's yet another way to share your gifts!

Come and join the team!

For more information, contact Chris Ferris at 631-957-2321 (home) or 631-664-0986 (cell), email at Slwwhl52@optonline.net



PARISH LIFE AND MINISTRY

BEREAVEMENT MINISTRY

The Bereavement Ministry assists anyone who has experienced a loss of a loved one and helps the person grow through their grief.

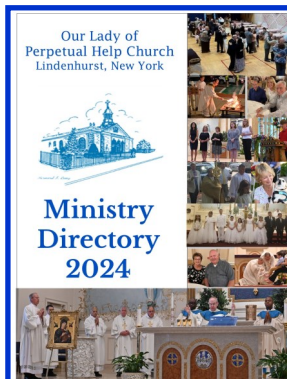
Joining a Support Group, with the help of trained facilitators, will help the person strengthening their faith in themselves and God.

Our **Spring Bereavement** will start up on **March 16 to May 18 from 11:30 a.m.—1:00 p.m.** Registration required. Please call Linda Arpino 631-592-1062 or email forubabe77@gmail.com.



GET INVOLVED AT OLPH!

Be sure to get a copy of our **MINISTRY DIRECTORY!** This Directory lists all the ministries, activities and organizations at OLPH, describing what they do and who they are, and telling you how you can become involved. Joining one of these ministries or groups is a great way to deepen your relationship with the Lord, to serve your brothers and sisters, and to find fulfillment and satisfaction in offering your gifts, talents and presence. Copies of the booklet are available at the rectory office — stop by and pick one up! The Directory is also available on-line on our parish website: go to www.olphlindenhurst.com and then click on the “Get Involved” tab, and then click on the link where it says “Click here for our Ministry Directory.” We want YOU to be an active part of OLPH!



MINISTRIES TO PERSONS WITH DISABILITIES

OLPH seeks to be a place where all are welcome and can worship fully and actively. Please take note of the following:



Parking: Specially designated parking spaces can be found on the north and south sides of the church.

Entering the Church: A specially-operated handicapped entrance is on the north side of the church (in the Chase bank parking lot). A ramp is also found on the south side of the church, near the handicapped parking spaces across from the Rectory. The Wellwood Avenue entrance is handicapped accessible also.

Hearing Devices: If you struggle to hear, listening devices are available. Simply go to the sacristy (you can enter via the right of the sanctuary) and ask for one. You’ll need to leave some type of ID or “deposit” so we can be sure we get them back.



Special Seating: We have provided chairs with arms to make it easier to get up and down. They are located on the ends of certain aisles throughout the church.

PARISH LIFE AND MINISTRY



Catholics for Freedom of Religion Mission Statement

America's First Amendment guarantees its citizens five freedoms, the first of which is Freedom of Religion. Freedom of Religion includes the freedom to worship according to one's beliefs as well as the freedom to practice that faith in everyday life according to one's conscience.

Catholics for Freedom of Religion offers resources: To educate and advocate for Freedom of Religion; To remain non-partisan, advocating for no candidate or party; To invite and include other faith communities; To recognize and oppose attacks on Freedom of Religion from any source.

For more information about Catholics for the Freedom of Religion at OLPH contact Kathy Feldman at cdefeldman@optonline.net. To learn more about the larger CFFR movement visit their website at www.CatholicsforFreedomofReligion.org.

Family Life Ministry

WE ARE ALWAYS LOOKING FOR NEW OFFERERS TO SHARE THEIR GIFTS!

OLPH has a strong tradition of an active and vibrant Family Life Ministry. Over the past years, hundreds of families have been impacted by the events and efforts of our Family Life Ministry.

Family Life Ministry works to serve the parish community by:

- Connecting families to the life of the parish community and the Church;
- Building community among families;
- Providing and increasing family spirituality among families in the parish.

In the past, Family Life has created, developed and organized such parish events as the Pumpkin Patch, Families in Service, the Christmas Pageant and much more! The ministry meets approximately once a month throughout the year. *Contact Angela Garofalo 516-445-9635 or finestone@optonline.net; or Eileen Corticchia 631-682-4853 kencort36@gmail.com*



EL MINISTERIO HISPANO

EL MINISTERIO HISPANO DE NUESTRA SEÑORA DEL PERPETUO SOCORRO,

El grupo de oración Jesús es el camino la verdad y la vida.

Le invita a alabar y glorificar a Dios todos los jueves a las 7:00 p.m. en la cafetería, en un ambiente familiar. Comenzando con el Santo Rosario. Únete a nosotros en oración, por ti y por tu familia en Alabanzas y reflexión de la palabra de DIOS.

Todos los martes llevamos el Santo Rosario a los hogares para orar en familia Interesados favor llamar a Alina Patrón al (516) 263-9401

Para más información sobre los sacramentos del bautizo matrimonio y servicio pastorales Unción de los enfermos y la Eucaristía, llamar a la rectoría (631) 226-7725/en español a Irma González al (631) 620-2401.

SERVING AND SUPPORTING ONE ANOTHER

IMPORTANT PHONE NUMBERS AND CONTACT INFORMATION

Parish Phone: (631) 226-7725 Parish Fax: (631) 225-9597

Directory of Phone Extensions

Name	Ext	Email
Erin Barrett, Director of Music	210	ebarrett@oloph.org
Carmel Becker, Bulletin	246	cbecker@oloph.org
Carole Carrano, Parish Secretary	212	ccarrano@oloph.org
Gerry Chille, Business Manager	204	gchille@oloph.org
Linda Coppola, Business Office Assistant	214	lcoppola@oloph.org
Msgr. Joseph DeGrocco, Pastor	206	msgjrjoe@oloph.org
Fr. Fidelis Ezeani, Associate Pastor	226	fadaprince4christ@yahoo.com
Faith Formation Office	253	religioused@oloph.org
April Kleinlaut, Director of Faith Formation	257	akleinlaut@oloph.org
Fr. Emmanuel Okonkwo	223	emmaokons@yahoo.com
Rectory Reception Desk	200	
St. Vincent de Paul	234	stvincentdepaul@oloph.org
Josephine Vagelatos, Administrative Assistant to the Pastor	206	jvagelatos@oloph.org
Fr. Frank Zero, Associate Pastor	203	fzero@oloph.org

THE SACRAMENT OF BAPTISM

Baptism ceremonies are held on the second and fourth Sundays of the month. Parents wishing to have a child baptized must attend a baptism preparation session before the baptism; these sessions are held on the first and third Thursdays of the month excluding holidays. Contact the Parish Office to begin the process of having your child baptized.

PASTORAL CARE OF THE SICK & ANOINTING OF THE SICK

Those who are seriously ill or facing surgery, as well as those in danger of death, should receive the Sacrament of the Anointing of the Sick. Please call the Parish Office and ask for one of our priests.

CHRISTIAN INITIATION OF ADULTS

Adults who wish to be baptized, or who have been baptized in another Christian faith and wish to become Catholic, or who have been baptized Catholic and wish to be confirmed and receive Holy Communion, are invited to join the process of the Order of Christian Initiation of Adults. Please contact Jeffrey Gaab at (631) 965-0076 or e-mail at jsg375@gmail.com to begin the process.

ADULT CONFIRMATION

Adults who have been baptized Catholic and who have received Holy Communion but who still need the Sacrament of Confirmation should enroll in our Adult Confirmation Classes. Please contact Deacon Robert Becker at 631-226-6175 or e-mail to DeaconRobert@oloph.org.

THE SACRAMENT OF MARRIAGE

Please contact the Parish Office at least SIX MONTHS before the desired date of your wedding.

YOUR PASTORAL COUNCIL

Eileen Corticchia
Msgr. Joe DeGrocco
Jeffrey Gaab
Gregory Guido
Sonia Hansen
Joselyn Kalt
Mary Leon
Rachelle Louis-Jacques
Carlton Mitchell
Deacon James Totino

Please feel free to speak to any member of the Pastoral Council with any questions you might have.

YOUR PARISH TRUSTEES

Bill Bendernagel
Bob Meade

YOUR PARISH FINANCE COMMITTEE

David Barrett
Bill Bendernagel (Chair)
Gerry Chille
Meg Danaher, CFP®, CLU®
Msgr. Joe DeGrocco
Marie Gagneron
Kenneth Hale
Bob Meade
Bob Mehm
John Reynolds
Jackie Totino

Please feel free to speak to any member of the Finance Committee with any questions you might have.

YOUR PARISH LITURGY COMMITTEE

Fauvette Auguste
Erin Barrett
Deacon Robert Becker
Mark Costantino
Msgr. Joe DeGrocco
Kenneth Hale
Jenine Jimenez-Spina
Denise Martinez
Barbara McPhail
Deacon Doug Smith
Mike Williams
Fr. Frank Zero

Please feel free to speak to any member of the Liturgy Committee with any questions you might have.

SAFE ENVIRONMENT REQUIREMENTS

A person wishing to volunteer in any parish or organization in the Diocese of Rockville Centre must first complete three requirements:

1. Attend Protecting God's Children (Virtus)
2. Sign the Codes of Conduct
3. Complete a background screening application.

(Background screening is conducted on all volunteers and employees every 5 years.)

Directions to Complete the 3 Requirements:

1. Sign up to attend a Protecting God's Children class: www.Virtus.org

When you log on to the Virtus website, you will create a Virtus account.

- a. If you have not attended a Virtus class, you are a first time registrant.
- b. The first screen will ask the name of your organization-from the drop down list select **Rockville Centre-Safe Environment**.
- c. Follow all directions on the next screens.
- d. One screen will have the **Codes of Conduct**. Please acknowledge the Codes of Conduct.
- e. Continue with the registration process and select the class you will attend.
- f. After selecting the class, you will be instructed to complete the background screening application.

2. Background Screening Application:

- a. Sterling Volunteers is the company providing the background screening.
- b. Follow all the directions to complete the background screening application. **DO NOT STOP ONCE YOU BEGIN THE APPLICATION!** If you stop-you are locked out of the process due to security procedures.
- c. You will need to provide your Social Security #; if you do not provide a Social Security # you will be charged a fee.
- d. After completing the application, hit the 'Submit Button'

Congratulations! You have now:

Registered to attend a Virtus class ~ signed the Codes of Conduct ~
Completed the Background Screening.

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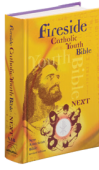
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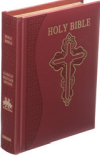
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